American Sokol

Sokol San Francisco

SOKOL SAN FRANCISCO INC.
GYMNASTIC ASSOCIATION
EDUCATIONAL-SOCIAL AND
CHARITY NON-PROFIT CULTURAL
ORGANIZATION

http://www.sokolsf.org

P.O. Box 5252, Walnut Creek, CA 94596-9998
E-mail: sokolsf@gmail.com



VĚSTNÍK

SPRING 2013



SOKOL SAN FRANCISCO OFFICERS 2013

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1st Vice-president	Georgina Teyrovsky
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Zupa Representatives	Jara Dusatko, Jiri Jancarik, Lida O'Donnell

Phone & E-mail List:

Name		Phone #	E-mail
Burda, Paul	Home Cell	925.830.4542 415.203.3745	adrub2@gmail.com
O'Donnell, Lida	Home	503.287.6262	lida@hsi-security.com
Dusatko, Jara & Milan	Home Cell	925.937.1769 650.815.9327	jmdusatko@gmail.com
Jancarik, Jiri	Home	925.939.6007	jirijancarik@yahoo.com
Jancarik, Jarmila	Home	925.939.6007	jaruj@yahoo.com
Teyrovsky, Georgina	Home	510.582.6545	teyrovsky@gmail.com
Vernak, Zdenek	Home	650.341.8117	z.denak@sbcglobal.net
Zivny, Zelmira & Milos	Home	510.638.4723	zelkaz@aol.com
Sehnal, Marta	Home	650.941.8869	msehnal.@aol.com

Sokol Members and Committee Meeting is held every second Tuesday each month at 1:30 PM (except July and August) in Baywood Court, 21966 Dolores St. # 243, Castro Valley, CA 94546.

Věstník is published by Sokol San Francisco, four issues per year. Send your typed contributions to our Unit's address or editor's e-mails. **Contributions after deadlines will be published in the next Vestnik issue.**

Věstník Schedule:

Deadline for contributions	WINTER	December 31 with a publication date January 31,
Deadline for contributions	SPRING	February 28 with a publication date March 31,
Deadline for contributions	SUMMER	May 31 with a publication date June 30,
Deadline for contributions	FALL	September 30 with a publication date October 31.

SOKOL UNIT CORNER

Please pay attention to Sokol news and information on our unit new website: http://www.sokolsf.org/

Sokol dues and donations 2013:
V.Machacek $25, G. Skoda $15, K.Snajberk $65, L.Zrzavy $10, F. Miksa $65, L. Sikl $15, M.Zivny $5, J.Kucera $50, Z.Rashkin $25. Total: $275
We are very thankful for your generous contribution and support of individual donations and membership dues to American Sokol San Francisco Unit, non-profit organization.

New Members: Barbora Soltys Reinstated: Alex T. Livingston, Daniel T. Livingston

Paul A Burda, Sokol Financial Secretary

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c: 415-216-8883
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Clay Crichton &
Dagmar Crichton
Independent Associates
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Brothers and Sisters:
Our Unit currently stands for 33 women and 30 men.
Our Board continues to work very hard in keeping our aging, non-profit organization vibrant.

We would appreciate your positive inputs about how you visualize the future of our organization in these changing and multicultural times of the American Society.

Your ideas are very important to us. Please send your comments via e-mail or postal mail.
Thanks to all interested and concerned members.
How we have paid our dues, see pages 17 & 18

Payment Dues 2013

SEND WITH YOUR PAYMENT	**KEEP FOR YOUR RECORDS**
2013 Dues are $35, late fee $5 after 2-28-13. **Membership reinstatement fee $5.** **Membership Dues sent $.....** **New members add $5 processing fee to American Sokol Headquarters in Brookfield, Illinois** **Donation/Contribution.....** **Name:.....** **Sent amount.....** **Address.....** **City.....State....Zip.....**	**Sokol San Francisco Dues 2013** **Date: .....** **Check No:.....**

SOKOL SAN FRANCISCO CALENDAR of EVENTS 2013

DATE	ACTIVITY	LOCATION
March 23, Saturday	Masaryk Dinner, Dance	Tarragon restaurant, Sunnyvale
April13, Saturday	Sokol Lunch and Walk	El Torito or Horatio's restaurant, San Leandro Marina
May 3, Friday	Walk to Masaryk statue	Joining the CSA Fraternal Life at the Golden Gate Park
June 8, Saturday	Spring Picnic	Lake Chabot Park, San Leandro
September 14, Saturday	End of Summer Picnic	Lake Chabot Park, San Leandro
September 21, 22, 23	A trip to Czech Museum	Cedar Rapids, Iowa, Chicago
October 11, Friday	Walk for you Health,	Cliff House through Golden Gate Gorge (to 32nd Ave and back)
October, date not set yet	Pacific District meeting,	Crowne Plaza Hotel, Foster City
November 9, Saturday	Walk for your Health	Suggesting Muir Woods, possibly with picnic
December 7, Saturday	Sokol Annual Meeting	Crowne Plaza Hotel, Foster City
December 28, Saturday	Dinner, Dance, end of the Year	Crowne Plaza Hotel, Foster City

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Remembering Edmund Teyrovsky.



There are people who leave a legacy that shall not be easily forgotten. It's an undeclared desire of most people to be loved and remembered; easy to wish, hard to achieve. That's probably the reason why we appreciate, and consider it a privilege, to know a person endowed with wisdom, tact, knowledge and readiness to help where help is needed. We all met a gentleman who fills these shoes: the late Brother Edmund Teyrovsky, who passed away on January 2, 2010. On the third anniversary of his departure these thoughts were running through the minds of a dozen relatives and friends of Edmund, who gathered at the Lone Tree Cemetery in front of the Teyrovsky and Livingstone families' mausoleum. We were standing on a hill high above the Bay, enjoying the panoramic view,

our bodies warmed by the winter sun, our minds by thoughts of a man who was not with us anymore....
From the speech and prayer of Reverend Donna Caldwell we detected more than a professional interest. She reflected on the long debates she carried on with Edmund about a wide range of problems, not only religious. I am sure Edmund was not a frequent looser in these disputations. A few remembrances of the lighter character put us in more cheerful disposition before we moved on to the Baywood Court where we were treated to a delicious and healthy dinner by Sister Georgina Teyrovsky.
Czech soprano, Ms. Liana Dernel, sang for us just a few songs. We remember her from our Sokol dances, where she sings with the Alpiners. Yet, the main event of this pleasant afternoon were personal stories, told by many whose lives were deeply affected and formed by Edmund. Georgina proved herself to be an able orator and so did all who added their own memorable gems to the mosaic of Edmund's life story. You don't need to let your imagination go wild to see, with your eyes closed, Edmund's smiling face and a mischievous grin, enjoying all this attention. If the often hard life's burdens left scars in Edmund's spirit, we could not tell. His optimistic attitude was a welcome feature at any gathering. Today's stories confirm that. We were leaving with elevated mood, with sadness without sharp edges in our souls.
Our thanks belong to the Teyrovsky, Goupille and Livingstone families for giving us this pleasant opportunity for sharing our memories.

Zdenek Vernak.

Stretches for

Lower Back Tension

Approximately 6 Minutes

These stretches are designed for the relief of muscular low back pain and are also good for relieving tension in the upper back, shoulders, and neck. For best results do them every night just before going to sleep. Hold only stretch tensions that feel good to you. *Do not overstretch.*



30 seconds



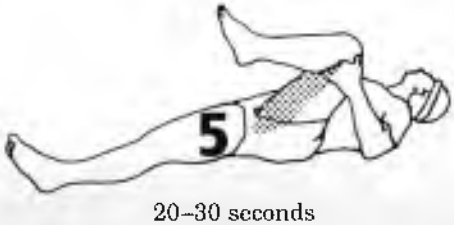
10–12 seconds
2 times



15–20 seconds
each leg



5–15 seconds
2 times



20–30 seconds
each leg



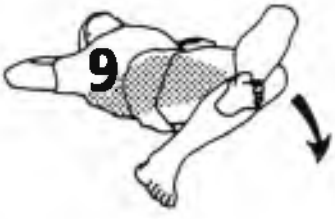
Contract 3–5 seconds,
then relax
2 times



Contract 5–8 seconds,
then relax
2 times



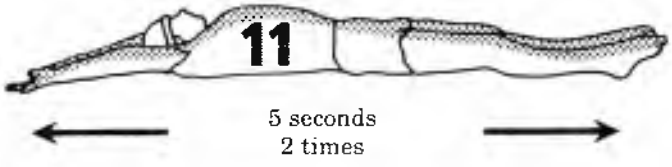
Rock gently back and forth
15–20 times



15–30 seconds
each leg



10–15 seconds
each leg



5 seconds
2 times



10–15 seconds
2 times

Stretching ©2000 by Bob and Jean Anderson. Shelter Publications, Inc.

Trip to Cedar Rapids and Chicago, Update

As promissed in the last Vestnik, we are trying to bring you the news regarding our big trip of 2013.

We contacted Sister Colleen Stransky (she is the new Office Manager) at the Sokol headquarters, and she could not be more friendly and welcoming. She talked to the American Sokol President Tom Pajer and they are extending the invitation of a tour of other Sokol places and a dinner. So it seems that our trip will be even more interesting than we originally hoped for.

We are now discussing more details with Sister Colleen and will e-mail a flyer to all Sokol members and friends with more details very soon.

We would need to hear from you **NOW** for a very practical reason: The trip was planned around a weekend so people who are employed could attend, too. If all participants are retired or not employed for any other reason, we might switch the date to working days and get lower prices for air tickets and hotels, too. Looking forward for your calls, e-mails, letters. The Sokol e-mail or address is O.K., or e-mail to Sokol SF Men's Director at milosz@aol.com

For the Board, Milos Zivny

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AMERICAN SOKOL CORNER

New American Sokol Office Manager Sister Colleen Stransky

2013 Sports Festival-Replacing traditional Sokol Slet
Registration System

Get ready, get set, GO. Our registration system is up and ready to use. To access please go to www.american-sokol.org then click on the Sports Festival logo. Once you are on the Sports Festival page scroll down to Event Registration then you can click on either Group/Team or Individual
Here is what can be found in these systems:

INDIVIDUAL OR FAMILY SYSTEM

Competitive Events	Non-Competitive Events	Socials
Fitness Challenge	Youth Fun Run	Kick off Party
5k Run	Bowling Just for Fun	Brewers Baseball Game
Bowling	Closing Ceremonies Performer	Banquet Dinner
Golf	(this lists all the cal #)	Post Banquet Dinner
Festival Rhythmics	Wheels Testing	Ice Skating Participant
Sokol Rhythmics	Rhythmic Testing	Finale Party
Artistic Gymnastics for		Walking Food Tour
Girls, Jr. Girls and Women	**Spectator Tickets**	Miller Brewery Tour
..Boys, Jr. Boys and Men	Opening Ceremonies	Farewell Event
Wheels	Closing Ceremonies	Youth Discovery World
	Ice Skating	

Pass Packages

Platinum Gold Silver Weekly Transportation

GROUP/TEAM SYSTEM

Rhythmic Group	Tag Team – Women & Men	Bowling –Competitive
Golf	Volleyball	Team Marching
Team Cal	3 on 3 Basketball	Artistic Teams for
Folk Dance	Special Performance Application	Jr. Girls and Women
		Jr. Boys and Men

There are some cross-over forms in both systems; such as Golf and Bowling for Competition; use these forms in the Group/Team if you are registering more than one who want to participate together. For Folk Dance in group, use that form to indicate multiple people from your group who will be performing in the Closing Ceremonies (couples or additional males or females) but please make sure they are not also registering themselves for this number.

If you are in the individual/family system you may register just yourself, other family members or both. Once you set up your family you will add participants to get the individual family members registered. For each family member, you can register them in any individual event, social, etc. Continue on until you have all your family members registered. If you are registering for Sokol or Festival Rhythmics or Wheels competition, you need to put in the number of routines you are registering for in order to be charged correctly.

If you are not yet registered at the headquarters hotel (Hyatt downtown) you can click on the link to automatically take you to the hotel registration system so you can register online for your hotel rooms. Remember if you are registered at this hotel you and those registered in the rooms with you will receive free transportation passes from hotel and all the venues.

You can go back and make any changes to your forms, even after you have checked out and paid. To go back to a particular form, click on the status bar on the top of the screen and click on any particular form you want to go back to. If you want to change a product where you only have the option to choose one click on "remove". For those items where you can choose more than one, you can verify what you have ordered/registered by clicking on either "My Cart" in Group or "Summary of Activity Selections" in Individual/Family. Click on the edit button (on the bottom of those pages) and you can make your changes.

If you are in the Group/Team system and you are the contact/point person from your Unit/Lodge/Club, make sure you print out the sample Insurance Coverage letter so you can send in your information on your official letterhead. This letter must be received in order for your group to participate. Coaches can register up to three teams for Volleyball, Basketball, Team Cal, Team Marching and Artistic Teams for Jr. Girls, Jr. Boys, Women or Men as well as three separate groups for Special Performances.

You can pay online with your credit card, e-check or you can do it the old fashion way and mail us a check (however you will NOT be considered registered for any event until American Sokol receives the check and it has cleared through the bank. There is a nominal 3% processing fee for registering.

This is just a quick overview of the system. Please see the FAQ section on our website for some quick answers to common questions. If you have additional questions or need assistance, please call (708) 255-5397 or send email to aso@american-sokol.org and someone will get back to you.

Nazdar, Maryann Fiordelis, National Physical Director

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INFORMATION CORNER

(More Innformation on http://www.sokolsf.org)

Miloš Zeman elected Czech president

Miloš Zeman has been elected president of the Czech Republic. The former communist party member before Velvet revolution and former Social Democrat prime minister after revolution received 54.8 percent of the vote in the second round of the direct presidential elections on Saturday January 26 while his rival for the post, Foreign Minister Karel Schwarzenberg, obtained 45.2 percent. Miloš Zeman won in all Czech regions with the exception of Prague. The turnout in the runoff reached over 59 percent, less than in the first round two weeks ago. His populist slogans that he would focus on fighting corruption and right –wing extremism, mafias groups appealed more at older generation than in urban younger generation. Mr. Zeman is seen as a hard-drinking, chain-smoking politician, known for his witty put-down opponents and press. He supports deeper integration of the European Union.

Miloš Zeman was inaugurated on March 8; the day after Václav Klaus's second term expired. Later in the day, Zeman was forced to sign the oath for a second time after it turned out that the first document he signed contained a grammatical mistake in one word.

Is American religion declining?

A recent Gallup Poll says just 31% of Americans worship publicly on a weekly basis, while 43% rarely go to a church, synagogue or mosque.
Today, only 24% of American Catholics attend weekly mass, so Lucifer must be very busy expanding accommodations. There are many reasons for this but two stand out. First, mass is often deadly dull. Sometimes the priest is from Botswana and you can't understand him. Other times you can understand the Padre, but twenty minutes on the Corinthians can be challenging.
It would be good if priests, ministers, rabbis and imams would gin it up a little.
The second reason that church going is in decline is that we are living in a narcissistic time when self-gratification has largely replaced the golden rule of treating others as you want to be treated.

Far be it for the public schools to teach this, the USA was founded on basic Judeo-Christian principles. Don't believe me - take a trip to Washington DC and tour the Supreme Court building. There you will see a sculpted copy of the Ten Commandments on the wall.

The reason the commandments are on the display is that the Founding Fathers based the American legal system on honesty, and the avoidance of doing harm to others. The basic tenets of the Commandments.

But many secular Americans, including the ACLU, would dismantle the Supreme Court display if they could. We are now in the age of anti-religion. Religion is a bad thing to the secular-progressive.
Faith-based organizations like the Catholic Church should be fighting against secularism but they rarely do. Instead, they are on the defensive as scandals and apathy has devastated organized religion. The Gallup poll reflects that. From BillOReilly.com

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Church looks to the New World

The Roman Catholic Church leaders elected their new pope, placing the world'1.2 billon Catholics under new direction of Argentina's cardinal Jorge Mario Bergoglio, 76-year-old archbishop of Buenos Aires introduced as pope Francis. Father "Jorge" rose from modest roots, born in Buenos Aires to Italian immigrants. He studied theology in Germany and was ordained as a Jesuit priest in 1969, first Jesuit to head the church. He is know as very modest person awakens at 4:30 a.m. and improvises his sermons, living in small Buenos Aires apartment, eschewing his predecessor's palatial residence and cooking his own meals, traveling by subway modestly dressed. That modesty was reflected in his choice of papal name: Francis, after Italian friar born into wealth in12th-century Assisi, but who chose to live of poverty and who is also venerated for his love of animals.
He is known less an educator or intellectual as his predecessor, but humble and mild-mannered shepherd of his flock. Spending little time in Vatican corridors and politics- is likely to have broad resonance at a time when Catholicism has been losing credibility and followers in many parts of the world. " Expect no significant changes in attitude and no changes in doctrine", said Mr. Tilley chair The Department of Theology at Fordham University in New York.

Among the Jesuits' defining characteristics are their reputation for rigorous intellectual discussion and their lack of dogmatism. "They are very innovative and tied to reality," says Elio Masferrer, an expert on religion at Mexico's Institute of Anthropology and History. The Jesuits are the largest single order in the Catholic Church, officially recognized by Pope Paul III in 1540. Throughout their history, similar to Jews, they have wielded power as advisers to monarchs and princes alike. They have also produced notable scientists, educators and missionaries, and have also been the forefront of social movements.

The Society of Jesus have at times of history of difficult relations with papacy, which some-times saw them as rivals and it was even dissolved by the papacy in 1773. More recently the Jesuits had a particularly strained relationship with the late Pope John Paul II, during turbulent decades when some in the church took leftward turn and Latin America was front in the Cold War between U.S. and the Soviet Union. Some Jesuits were gunned down in El Salvador during Salvadoran civil war. Earlier, in Mexico, Jesuits were expelled from the conservative business capital of Monterrey by the local bishop who thought they were too close to leftist students. They traditionally educated the sons of Latin America' elite.



Kateřina Dehningová (rozená Hodová) se narodila v Praze v roce 1971. Z Evropy vycestovala po Sametové revoluci na počátku jara roku 1990. Žila na třech kontinentech (v Evropě, v Severní Americe a v Austrálii), které téměř celé procestovala. Mezitím pracovala jako podnikatelka a manažerka vlastního kadeřnického salonu, ale postupně s podnikáním skončila a začala se věnovat na plný úvazek rodině a dcerám. Cesty rozšířila do Asie, Indonésie, Oceánie a Polynésie. Nyní žije v jižní Kalifornii. Cestopisy a zážitky ze života začíná pravidelně psát formou dopisů v roce 1997, kdy se natrvalo stěhuje do Spojených států za svým manželem. Dopisy z cest zveřejňuje na svých webových stránkách od roku 2005. ***Proti proudu zeměkoule*** je její první kniha.

www.cestopisykatka.com



Proti Proudu Zeměkoule
Are you looking for a great book?
For yourself or as a gift?

(Against the Jet stream of the Earth)
may be the perfect choice!
This non-fiction book will take you on a journey around the world. It will tell you stories from many countries as well as the story of the traveling author's family. You will visit Japan, France, Spain, the East and West coasts of the United States and many more places. You will learn about them in a new way through the quick wit and open mind of a great observer.

The book is written in Czech language by Czech-American author Katerina Dehningova (Katerina Dehning). It is educational and an easy reading for the whole family. But most importantly, it is fun to read.

Hard copy available on
amazon.com
http://www.amazon.com/Proti-proudu-zemekoule-Katerina-Dehningova/dp/808763117X/ref=cm_cr_pr_product_top

kosmas.com
http://www.kosmas.cz/knihy/174214/proti-proudu-zemekoule/

E-book version available
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Advertisement by Georgina Teyrovsky

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Bedřich Smetana and Antonín Dvořák Anniversaries

It is not the first time when our Věstník is interested in the history of the Czech culture. Today we will remember two famous composers who not only confirmed musical tradition of the Czech nation, but also were the founders of modern Czech music and that way placed the nation in the foreground of the world's artistic activities.
It is Bedřich Smetana and Antonín Dvořák whose birthday and death anniversaries we will remember. It was in Litomyšl, a town about eighty miles southeast of Prague that became known as the birthplace of Bedřich Smetana. He was born on March 2, 1824. Smetana died May 12, 1884 at the age of 60 years. Dvořák died 20 years later on May 1, 1904. Both were true and honest Czech patriots and for that we will dedicate them the following article.

Bedřich Smetana is the founder of modem and original Czech music. He wrote us many famous compositions - the operas, symphonies, songs, concerts and many others. All compositions he wrote are expressive Czech. Everybody can hear in them what is given to Czechs and what is difficult to express with words.

Smetana's first opera "Brandenburgers in Bohemia"(Braniboři v Čechách) 1866 was based on a true part of Czech (Bohemian) history. The reason why he wrote "Bartered Bride" (Prodaná Nevěsta) was to prove that Czechs could compose music as well as Germans. Next was "Libuše" , the symphonic poem, glorifying Prague and chieftain's wise and beautiful daughter, who become the queen and lived in a castle on Vyšehrad. Smetana would not have "Libuše"performed at the Provincial Theater and held it back, possibly for the firsts showing at the National Theater which was in the process of being built.
He began to work on "My Country" (Má Vlast) in 1874. It is a six movements symphony about the Bohemian forests its valleys streams and people. In it Smetana tried to depict the scenes of beautiful Bohemia with its highlands, river Vltava and lovely forests. It has remained one of Smetana's best known pieces of work.
It wasn't his enemies that forced his resignation as conductor of Provincial Theater. He had become deaf. He did have the pleasure of being at the opening of the National Theater where a performance of"Libuse"was given and it was a gala occasion. It was pitiful to watch him following the movements of the musicians as they played their instruments. Even the Crown Prince Rudolf, who attended the opening, embraced him and showed compassion for the composer who could no longer hear his music.
The careers of Antonín Dvořák and Bedřich Smetana followed different course. The younger Dvořák came into the musical world after Smetana had forged a way for Czech music, and had suffered poverty and little recognition in his lifetime. Dvorak went out into the outside world and found fame and fortune in England and the United States. Smetana brought this great wealth of music into the world and he died in an insane asylum on May 12, 1884.
As the funeral procession left the Church of God in the Old Town Square, they held high lighted torches as they proceeded on their way to Vyšehrad cemetery where he was buried. It was day of national mourning in the whole country.

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Alzheimer's Seen on Scans Decades before Dementia Hits

Abnormal deposits in the brain thought to trigger Alzheimer's disease can be detected decades before the memory-robbing illness ensues, a finding that will help guide future treatments, researchers in Australia said.
Doctors at Melbourne's Austin Hospital followed 200 seniors, including people with Alzheimer's disease and mild cognitive impairment, for more than three years to chart any decline in cognition and brain size against the deposition of abnormal protein in their brains. They found it takes about 20 years for the deposits, known as amyloid beta, to lead to dementia.
The findings, published in the medical journal the Lancet Neurology, suggests doctors have a large window of opportunity to potentially slow, or even reverse, the accumulation of amyloid beta to stave off the onset of Alzheimer's. The disease is the main cause of dementia, which afflicts 35.6 million people globally -- a number the World Health Organization says will double by 2030 and triple by 2050.
"It's now quite clear that it's a very slow, gradual process over a couple of decades," said Christopher Rowe, Austin Hospital's director of nuclear medicine. For Alzheimer's to develop the brain needs to accumulate large amounts of amyloid "and you need it there for a long time."
All Alzheimer's disease patients have amyloid deposits in the brain, though not all people with the deposits have the disease, Rowe said. The data indicate that there is a prolonged period in which amyloid beta is forming plaques in the brain without the symptoms of Alzheimer's disease, the authors said. Even before dementia sets in, shrinkage in the part of the brain linked to memory and attention occurs about four years earlier, and memory is impaired about three years prior.
Rowe and colleagues are now studying potential therapies to stymie amyloid plaques before they have had a chance to damage and eventually kill brain cells. If successful, the use of PET scans -- which cost $1,500 to $3,500 apiece -- "will explode," Rowe said.
"The problem with Alzheimer's disease is that you don't have an effective therapy, but we can certainly make a better diagnosis with amyloid imaging -- be more precise about what's going on with the patient and what their prognosis is -- but we can't change the course of their disease," Rowe said.

Caldecott Tunnel's new bore is down to the finishing touches

OAKLAND, Calif. (KGO) –

The fourth bore project at the Caldecott Tunnel is on track to open to traffic later this year. Construction has just started on the roadway in the tunnel that connects Oakland and Orinda on Highway 24.

When finished, the fourth bore will carry west-bound traffic only. "With the construction of the fourth bore there will be two tunnels permanently dedicated to east-bound traffic, two tunnels permanently dedicated to west-bound traffic that will eliminate the twice a day traffic shifts and the pop-ups," said Ivy Morrison, a Caltrans spokesperson.

The fourth bore has a number of safety features, including 19 200-horsepower jet fans yet to be hung from above. They'll help in firefighting and air quality.

There will be seven pedestrian cross-overs with electronic motion sensor doors. There will be a PA system and security cameras. Much of the work to complete the tunnel will be the sophisticated, behind the scenes systems. "The installation of the ventilation systems and the fire systems and the air quality monitoring systems, that not only need to be installed, but they need to be integrated with the existing systems and with the new operations and maintenance building and also tested before the tunnel can open to traffic," Morrison said.

Unlike the first three bores, which are much narrower, the fourth bore will have a shoulder beside the road for motorists with car problems to pull out of traffic.

http://abclocal.go.com/kgo/story?section=resources/traffic&id=9026502

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San Francisco: Bay Bridge ready to shine with 25,000 LED lights

The light sculpture on the San Francisco-Oakland Bay Bridge was illuminated temporarily in February. The light sculpture was officially lighted Tuesday February 26 night. (Jeff Chiu / Associated Press).

Villareal, creator of The Bay Lights, is a pioneer in the use of 25,000 LED lights and computer driven imagery using Philips Color Kinetics eW Flex SLX product in 4200 Kelvin correlated color temperature for the Bay Lights project. eW Flex SLX is a versatile strand of individually controllable white light LED nodes. The durable, flexible form factor allows dynamic points of white light to be installed across nearly any interior or exterior surface which made it an ideal choice for The Bay Lights project. Philips Color Kinetics worked with Villareal to create custom spacing between the nodes to accommodate his design. In the end, almost 4.5 miles of product was installed on the bridge, roughly equal to the total length of the Bay Bridge, counting both spans. The lighting will be viewable from San Francisco and points north, but not by drivers crossing the bridge.

"Using Philips LED technology really gives me the creative flexibility I need to bring this bridge to life and fulfill my vision," says Leo Villareal . "This isn't about just lighting another bridge with white or colored light. The Bay Lights emphasizes the use of 'intelligent' lighting, fully utilizing individual control and the ability to create 255 levels of brightness per node. The custom software I have created allows for the creation of ever changing patterns specifically created for this location with the goal of producing a work of art."

Turning the bridge into a monumental light sculpture is a unique application of LED lighting technology that sets the Bay Bridge apart. Villareal networked 25,000 of these LED nodes to create complex algorithms and patterns across the bridge's western span. These patterns dynamically recombine themselves over the two-year duration of the installation, transforming the bridge into a living piece of art which organizers believe to be the world's largest LED light sculpture.

http://latimesblogs.latimes.com/lanow/2013/03/bay-bridge-lights-display-art.html

CZECH CORNER

Tomáš Garrigue Masaryk, narozen 7.března 1850 v Hodoníně na Moravě.

O osobnosti Tomáše Masaryka toho bylo napsáno mnoho, ne vždy bez zaujatosti. Protože přispěl k rozpadu Rakouska-Uherska, bývá v zahraničí považován za nacionalistického vůdce, zatímco doma ho nacionalisté nenáviděli. V Československu i později v České Republice ho někteří očerňovali jakožto levičáka pro jeho pokrokové názory, jiní naopak za pravičáka. Filozofové, sociologové, teologové i politici se ohánějí jeho jménem, a přitom si nejsou jisti zda mezi ně vůbec patřil. Upírá se mu víra, nebo se mu naopak vytýká příliš náboženské myšlení. Vyčítá se mu, že moc moralizoval, nebo byl nemorální, že byl akademický myslitel, nebo naopak nekonformista. Je to beze sporu osobnost 19.století, odvážný pokrokář, který se přiklonil k modernosti 20. století. Dodnes se jedni k jeho názorům hlásí a druzí je zavrhují, i když obojí tak činí někdy spíše z neznalosti. Jak Václav Havel charakterizuje, "osud jeho idejí se podobá osudu jeho pomníku, které se zanořovaly do skrýší, pak opět vynořovaly a objevovaly, byly několikrát objevovány a vztyčovány-doufejme že natrvalo." Jeho hlavní ideou, která prochází celým jeho dílem, je pevné přesvědčení, že skutečný zdroj politiky je a musí být ve sféře mravní, že i pravda je především kategorií mravní a že pravda je tím nejlepším základem politiky. Bez ohledu na názory jeho kritiků, Masaryk byl neúnavný pracovník, čestný člověk, který věnoval celý svůj život tvorbě a založení československého státu. Díky jeho neúnavné práci, intelektu a pevnému charakteru se vize samostatného státu stala skutečností. Dovoluji si shrnout problémy, s kterými se Masaryk musel potýkat, když 21. prosince 1918 přijel do Prahy, která se stala hlavním městem nového státu. Tento stát se nazýval Česko-Slovenská republika. V tomto novém státě však panovala celá řada nejistot, o kterých obyvatelé tehdy neměli potuchy.

V prvé řadě nejistota vojenská: podél hranic se objevila celá řada sporů ve slezském Těšíně, na Slovensku, na Podkarpatské Rusi, na Spiši a na Oravě. Ozbrojené síly nového státu byly omezené, protože část vojsk byla koncem roku 1918 ještě na frontách rakouské armády. Pokud jde o legie, některé jejich jednotky se do vlasti dostaly po dlouhé "anabázi"přes Sibiř a Vladivostok, po stále prudkých bitkách s Rudou armádou, až na Vánoce 1920.

Nejistota ekonomická: nevyhnutelná devalvace měny byla provázena nedostatečným zásobováním měst, což působilo na rozpoložení obyvatelstva.

Diplomatická nejistota: Československo jako malá země nebylo zastoupeno na mírové konferenci po válce. Vytyčování hranic se rozhodovalo v malých výborech mezinárodních expertů, podléhajících mocenským zájmům. Nejistota se hlavně týkala jaká spojenectví navazovat.

Politická nejistota: způsobená bolševickými tlaky, které byly v Praze mnohem silnější nez v Paříži nebo v Londýně. Ruské napadení Polska přispělo však k přemýšlení a uvědomnění lidí. Praha prozíravě předpokládala rakouský, německý a maďarský revizionismus, který začal proti novému československému státu vystupovat.

Institucoinální nejistota: absence definitivní ústavy po celý rok 1919, kvůli vyhlášení vojenské diktatury na Slovensku vzhledem k maďarské hrozbě, pád první prozatímní vlády po půl roce a také nejistota o legitimitě republiky, Československo zažilo rok nepokojů.

Masaryk musel řídit čtrnáct měsíců stát, který měl pouze prozatímní ústavu.Tehdejší vedoucí činitelé věnovali veškerou energii, aby stát mohl zůstat. Karel Kramář a Eduard Beneš pracovali ve Francii, Antonín Švehla, Jan Herben, dávný Masarykův přítel, a dr. Václav Bouček v Praze. Objevují se jména Alois Rašín , Vavro Šrobár a Milan Rastislav Štefánik.

Masaryk se jako president vehementně vysloval ke třem institucím, které vedle parlamentního systému považoval pro republiku za zásadní. Zasadil se o reformaci a demokratizaci justice, školství, policie a armády, které nevyhovovaly novým poměrům.

Jeho výborný vztah a spolupráce s legionáři, činiteli vlastenecké Mafie z války, Sokola a vlasteneckého Svazu spisovatelů a vlasteneckých intelektuálů do značné míry umožnily jeho snahy o vybudování státního zřízení a prosperujícího státu . Vždy se snažil nebýt politickou populistickou figurou, jeho snahou vždy bylo dělat vědeckou politiku. Nudily ho oslavné životopisy jeho osoby, které autoři jeden od druhého kopírovali a politicky motivovali. Žil neokázale. Vyčerpán a vysílen celoživotní prací pro nový stát a po těžké mozkové příhodě nechtěl být znovu zvolen presidentem v r.1935. Proto abdikoval a doporučil svého nástupce dr. Edvarda Beneše.

Podle pramenu Alain Soubigou ,Tomas G. Masaryk, Sorbona, Fayard , Paris 2002

zpracoval Pavel Burda

Church dignitaries praise result of conclave

Cardinal Dominik Duka said the choice of a pope from Latin America was a natural and right development in view of the prevalence of non-European Catholics in the world and the existing disproportion in their representation in the Church leadership. The Archbishop of Olomouc Jan Graubner suggested the election of the first non-European pope indicated a shift in the Roman Catholic Church to more openness and awareness of "what is important on a global scale". Cardinal Miloslav Vlk pointed out that the name Archbishop Bergoglio had chosen – evoking both St. Francis of Assisi and Francis Xavier – reflected his humble character. Church bells rang out around the Czech Republic on Wednesday evening in celebration of the new Pope.

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Biskup Esterka oslavil v Californii výročí kněžského svěcení.



V neděli 9. března 2013 oslavil v Californii (USA) brněnský pomocný biskup Petr Esterka padesáté výročí kněžského svěcení. Děkovnou bohoslužbu sloužil 10. března 2013 ve 13.30 hodin v místním Polském centru Jana Pavla II.

Brněnský pomocný biskup Petr Esterka se narodil 14. listopadu 1935 v Dolních Bojanovicích. Dne 15. června 1957 emigroval do Rakouska, v září téhož roku byl přijat do Papežské koleje Nepomucenum v Římě a 9. března 1963 zde přijal kněžské svěcení. Poté byl poslán mezi krajany do arcidiecéze San Antonio v Texasu.

V roce 1967 obhájil v Římě doktorskou práci a po návratu do USA zahájil své akademické působení. Současně s tím působil v letech 1974-1995 v americkém letectvu a od roku 1978 se začal intenzivněji věnovat práci mezi českými katolíky v USA a Kanadě, od roku 1986 jako biskupský vikář. V roce 1994 se jeho působení rozšířilo i na Austrálii.

Dne 5. července 1999 byl Petr Esterka papežem Janem Pavlem II. jmenován titulárním biskupem čefalenským a pomocným biskupem brněnským pověřeným duchovní péčí o české katolíky v cizině. Biskupské svěcení přijal v katedrále sv. Petra a Pavla v Brně dne 11. září 1999.
Biskup Esterka žije trvale v Californii, pravidelně se setkává s českými krajany v Los Angeles, v San Diegu a v San Franciscu, a navštěvuje také české katolíky v zemích západní Evropy a v Austrálii.

Autor: Martina Jandlová

Krajanské oslavy 50 let knežstvi biskupa Petra Esterky

Několik set krajanů České Katolicke Missie z Los Angeles, San Franciska a San Diega oslavilo toto významné výročí " Golden Jubilee". Přítomen byl také americký biskup Kevin Vann z jižní Californie.

Vážený a milý Otče Petře Esterko, přijmete také od Sokolů ze San Francisca blahopřání k Vašemu významnému jubileu. Obdivujeme Vaši práci mezi krajany a jsme vděčni za to, ze šíříte svou činností dobré jméno České a Slovenské Republiky nejen v USA, ale i v jiných zemích, kde byly missie založeny . Mnoho lidí je vděčno za Vaši práci a obětavost, s jakou se snažíte zachovat u krajanů v nové vlasti náboženské zvyky a tradice a s lidskou moudrostí jim ukazujete cestu nalezení smyslu života.
Do dalších let Vašeho života missionáře Vám přejeme duchovní a fysickou sílu.

Board of Sokol San Francisco

Zemřela nejstarší ordinující lékařka v Česku 11. března 2013, bylo jí 99 let



Ve Světlé nad Sázavou zemřela Irma Němečková, nejstarší ordinující lékařka v Česku. V květnu by oslavila sté narozeniny. Lékařskou praxi provozovala nepřetržitě déle než 70 let a v některých případech léčila už pravnuky svých někdejších pacientů. Lékařka zemřela 1. března, řekl v pondělí starosta Světlé Jan Tourek. Rozloučení se konalo v rodinném kruhu.

Irma Němečková na snímku z října 2012 ,
FOTO: Luboš Pavlíček, ČTK

MUDr. Němečková po promoci v roce 1939 začala o rok později provozovat lékařskou praxi ve Světlé nad Sázavou, kde ordinovala téměř do posledních chvil. Pohotovostní a noční služby sloužila až do svých 78 let a ještě jako dvaadevadesátiletá řídila auto.

Jako praktická lékařka si musela zpočátku v ordinaci poradit s mnoha úkony, od trhání zubů po porody a drobné chirurgické zákroky. Hovořila německy a francouzsky. K jejím zálibám patřila hudba a četba knih.
V minulém roce ocenil Kraj Vysočina světelskou lékařku nejvyšším krajským vyznamenáním - kamennou medailí. Letos v lednu se Němečková stala čestnou občankou Světlé nad Sázavou.

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Korejci kupují podíl v ČSA za polovinu luxusní vily v Dubaji

Více než 15 let se zabývám obchodem se zahraničními nemovitostmi. Co mě překvapilo je, že Korea Airlines nabídly za 44 % akcií ČSA státnímu Českému Aeroholdingu 2,64 milionu Eur a tato cena byla českou vládou označena za odpovídající. Jen pro ilustraci: nejluxusnějším developerským projektem v Dubaji je dnes Al Barari. Vily jsou dokončené jen v hrubé stavbě a jejich ceny se pohybují od 12 do 17 mil AED (tedy od 2,5 do 3,5 mil Euro). Dokončené a plně vybavené luxusní vily se prodávají od 5 mil. Euro výše. Jinými slovy Korejci za svůj podíl v ČSA nabídli cenu rovnající se hrubé stavbě luxusní vily, nebo poloviční cenu dokončené a plně vybavené vily v Dubaji. Pro představu čtenáře v jakém stavu se vily v tomto projektu nabízejí k prodeji, přikládám obrázek. Spolumajitel soukromé letecké společnosti Travel Service Jiří Šimáně zase ukazuje, že šedesát sedm a půl milionu korun je cena **poloviny motoru Boeingu 737 série 800**. K ceně uzavřeného obchodu nemám co dodat, aniž by to nebyl žalovatelný výrok.

Vít Klíma, http://www.blisty.cz/art/67866.html

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Mucha study fetches four million in auction

A study for one of the paintings in the Slav Epic by renowned Art Nouveau painter Alfons Mucha sold for four million crowns at the Dorotheum auction house in Prague on Saturday. The price is likely the highest a Mucha work has fetched in the Czech Republic, expert Jan Nízký told the Czech news agency. The sold work is a study for the Introduction of the Slavic Liturgy in Great Moravia. The starting price was 1.9 million crowns. The Slav Epic is administered by the National Gallery in Prague and is on display at Veletržní Palác.

Tatru za 176 milionů vydražila účelová firma, za kterou stojí J&T

CHEB - Kopřivnická automobilka Tatra byla v dražbě v Chebu prodána za 176 milionů korun. Podnik vydražila účelově zřízená společnost Truck Development financovaná skupinou J&T. Hodnota podniku, kterou poslala do exekuce společnost Composite Com, byla stanovena na 1,765 miliardy korun, její závazky činily 1,5 miliardy korun. Vyvolávací cena byla 175,135 milionu korun

Podle generálního ředitele společnosti Tatra Ronalda Adamse vstoupila nyní Tatra do nové kapitoly 163 let svého života..



Dražby se zúčastnil jediný dražitel. "Podnik chceme převzít v pondělí, nebo v úterý. Nepředpokládáme žádné propouštění a chceme zachovat výrobu v současném rozsahu," řekl předseda představenstva Truck Development Marek Galvas.
Potvrdil, že firma Truck Development, kde je jediným akcionářem, byla založena teprve před nedávnem, účelově kvůli převzetí Tatry. "V příštím týdnu se budeme snažit jmenovat nový management Tatry," dodal Galvas. Nevyužije prý žádné členy současného vedení podniku.
"Dnešní změna vlastníka řeší finanční záležitosti, které firmu v minulých třech letech brzdily. Nové výrobky a nové trhy, na něž Tatra v tomto obtížném období vstoupila, by se nyní mohly rychle rozvíjet a přivést Tatru zpět na špičkovou pozici, která jí náležela předtím, než byl průmysl zasažen celosvětovou finanční krizí," oznámil v tiskové zprávě Adams. Dražba kopřivnického podniku podle něj neměla na jeho chod negativní vliv.

Všechny strany exekuce se divily tomu, že se dražby zúčastnil jediný dražitel. Podle Galvase to mohlo být způsobeno tím, že byl tento týden podán na Tatru a. s. insolvenční návrh. Krajský soud ho nakonec ve čtvrtek odmítl, dražba se proto mohla uskutečnit.

Zdroj: http://bvznvs.lidovky.cz/tatru-za-176-milionu-vydrazila-ucelova-firma-za-kterou-stoji-j-t-p7g-/firmy-trhy.aspx?c=A130315_103649_firmy-trhy_mev

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Eva Jiřičná wins top UK prize for women in architecture

Eva Jiřičná has been awarded the 2013 Jane Drew Prize for her outstanding contribution to the status of women in architecture. The jury described the Prague-born architect as incredibly influential and extraordinary, saying she had reinvented the idea of retail in the UK with her 1988 store for the fashion label Joseph. The architect, who is 74, set up Eva Jiřičná Architects in 1982; her clients have included such names as London's Selfridges and The Royal Academy of Arts.

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Czech unemployment climbs slightly to 8.1 percent
The unemployment rate in the Czech Republic rose to 8.1 percent in February, up from 8.0 percent in January. According to figures released on Friday, 593,000 Czechs were out of work last month. The unemployment rate in the capital Prague reached 4.6 percent. The Czech economy is at present going through its longest recession on record.

ČSÚ: Počet obyvatel ČR loni stoupl o 10.700 na 10,516 mil.

Česku v loňském roce přibylo obyvatel. K 31. prosinci 2012 jich v republice žilo o 10.700 více než o rok dříve, tedy přesně 10,516.100. Informoval o tom Český statistický úřad (ČSÚ). Víc obyvatel má Česká republika hlavně kvůli zahraniční migraci. Počet narozených převýšil počet zemřelých o 400. Loni se narodilo 108.600 dětí. Proti předchozímu roku je to o 97 méně, podle statistiků se tak pokles počtu narozených zastavil. Podle jejich předběžných údajů se loni mírně zvýšil i průměrný počet narozených dětí jedné ženě z 1,43 v roce 2011 na 1,45 dítěte. Zemřelých bylo loni o 1300 více než o rok dříve, a to 108.200 lidí. Od ledna do prosince přišlo do Česka 30.300 cizinců, naopak 20.000 lidí se vystěhovalo. Zahraniční migrací tak přibylo v Česku 10.300 lidí, což je ale o 6600 méně než v roce 2011. O život v ČR stáli hlavně Ukrajinci, Slováci a Rusové.

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Anketu Sedm divů Krkonoš vyhrál Obří důl

Anketu Sedm divů Krkonoš, kterou loni v dubnu vyhlásila správa Krkonošského národního parku, vyhrál Obří důl. Na stříbrné pozici skončil Mumlavský vodopád, třetí byly meandry Labe. Mnohými favorizovaná Sněžka propadla a obsadila desáté až dvanácté místo. Lidé mohli vybírat z 21 nominovaných míst, řekl mluvčí správy KRNAP Radek Drahný. Mezi další divy Krkonoš na čtvrtém až sedmém místě ještě patří Pančavský vodopád, Kotel, Rýchorský prales a Modrý důl. Celkem se pořadatelům ankety sešlo 2433 nominací. Do ankety se zapojili lidé z Čech, Polska, Slovenska i ze Spojených států. Někteří připojili i příběhy či fotografie.

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Remek byl prvním kosmonautem z jiné země než ze SSSR či USA

Před 35 lety, 2. března 1978, vzlétl do vesmíru první a jediný československý kosmonaut Vladimír Remek. Sovětská kosmická loď Sojuz 28 měla na své palubě první mezinárodní posádku v historii kosmonautiky vůbec. Tvořili ji velitel lodi Alexej Gubarev a československý pilot Vladimír Remek, tehdy devětadvacetiletý. Remek byl zároveň prvním nesovětským či neamerickým kosmonautem, který vzlétl do kosmu. Na stanici Saljut 6, s níž se Sojuz 28 spojil, prováděla posádka řadu vědeckých a technických experimentů. Sojuz 28 přistál po 125 obletech Země 10. března. Remkův let byl bezesporu úspěchem československého výzkumu - kosmonaut provedl řadu experimentů připravených československými vědci. Přesto se nad ním vznášela řada dohadů. Jedním z nich bylo například to, proč vlastně Remek dostal přednost před Pelčákem.

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Český vědec uspěl v USA s výzkumem vážné spánkové poruchy

Vědec Ivan Čundrle z výzkumného týmu brněnského Mezinárodního centra klinického výzkumu (ICRC) uspěl se svým výzkumem léčby spánkové apnoe. Společně s týmem českých a amerických vědců zjistil, že výskyt nemoci, která spícím lidem způsobuje dýchací potíže, může souviset s nízkou hladinou hormonu leptinu v krvi. Získal za to cenu Young Investigation Award.

Leptin by se tak díky výzkumu mohl stát novým ukazatelem, který umožní včas stanovit diagnózu. O výzkumu informovala mluvčí nemocnice u sv. Anny, pod kterou ICRC spadá, Šárka Urbánková.

Ivan Čundrle za svou práci převzal v San Francisku cenu pro nejlepší mladé vědce Young Investigation Award za druhou nejlepší práci v oblasti kardiovaskulárního výzkumu. Lékař na výzkumu pracoval při své stáži na americké Mayo Clinic. Projevy spánkové apnoe jsou například chrápání či nepravidelné dýchání během spánku, což může v bdělosti způsobovat potíže se soustředěním či ospalostí. Porucha může způsobit i selhání srdce či cévní mozkovou příhodu. "Mezinárodní výzkumný tým stanovil hodnoty hladiny leptinu v krvi, které svědčí pro riziko výskytu spánkové apnoe u pacientů se srdečním selháním. Stanovení hladiny leptinu v krvi je poměrně jednoduchý a dostupný test," vysvětlila Urbánková.

Ocenění v San Franciscu získal i český lékař Ondřej Sochor. Zjistil, že riziky spojenými s obezitou mohou být ohroženi i lidé s normální hmotností, pokud jim tuk obaluje břišní orgány. "Toto poznání umožňuje zcela nový přístup pro včasnou identifikaci nemocných s vysokým rizikem vzniku kardiovaskulárních onemocnění," podotkla Urbánková.

How we have paid dues **Sokol San Francisco Spring 2013 Membership**

Pn=paid,new P=paid Pt= paid, trasferred Pr=reinstated N=not paid

First Name	Last Name	Address	City	ST	Zip Code	F	M	2013
Tami M.	Bannister	3421 Carlmont Dr., # 15	Belmont	CA	94002	1		P
Daniel	Botcha	1160 Via Escondida	Novato	CA	94949		1	P
Jana	Botcha	1160 Via Escondida	Novato	CA	94949	1		P
Patti	Buckley	7442 S. Warner St.	Tacoma	WA	98409-3924	1		P
Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P
John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P
Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P
Bill	Cervenka	751 Temescal Way	Redwood City	CA	94062		1	Pr
Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628	1		P
Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628		1	P
Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		P
Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	P
Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		P
Jaroslava	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596	1		P
Milan	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596		1	P
Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P
George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P
Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		P
Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		N
Bohumila	Janac	18955 Palo Oaks Ct.	Saratoga,	CA	95070	1		P
Jarmila	Jancarik	1954 Woodbury Ct.	Walnut Creek,	CA	94596	1		P
Jiri	Jancarik	1954 Woodbury Ct.	Walnut Creek,	CA	94596		1	P
Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		P
Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P
Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	P
Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		N
Alex T	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	Pn
Daniel T.	Livingston	2694 McAllister St.	San Francisco,	CA	94118		1	Pn
David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	P
Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		P
Victor	Machacek	1655 Funston Ave	San Francisco,	CA	94122		1	P
Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P
Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		N
Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	P
Ludmila	O'Donnell	3424 NE. 35th Ave.	Portland	OR	97212	1		P
Teresa	O'Donnell	3424 NE. 35th Ave.	Portland	OR	97212	1		N
Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		P
Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	P
Milan	Prejda	110 Ballatore Ct.	San Jose	CA	95134	1		P
Regina	Prejda	110 Ballatore Ct.	San Jose	CA	95134		1	P
Zdena D.	Rashkin	21780 Via Regina	Saratoga,	CA	95070	1		P
Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578-1264		1	P
Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904-1246	1		P
Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		P
Ruda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	P
Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P
Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	P
Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	9440-3044	1		P
George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	P
Marcelle	Skubna	1333 Singingwood Ct. # 2	Walnut Creek,	CA	94595	1		P
Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	P

Pn=paid,new	P=paid	Pt= paid, trasferred	Pr=reinstated		N=not paid			
First Name	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**D 13**
Barbora	Soltys	1175 Covington Ct.	Walnut Creek,	CA				Pn
Pavel	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596		1	P
Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	P
Walter	Strach	783 Ajax Dr.	Sunnyvale,	CA	94086		1	P
Jindra	Strolena	780 Oak Grove Rd. apt. 3	Concord	CA	94518	1		P
Ivan P.	Sturman	7 Arlington Ln.	Kensington	CA	94707		1	P
Georgina	Teyrovsky	21966 Dolores St. # 241	Castro Valley,	CA	94546	1		P
Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P
Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P
Milos	Zivny	10815 Breed Ave.	Oakland,	CA	94603		1	P
Zelka	Zivny	10815 Breed Ave.	Oakland,	CA	94603	1		P
Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		P
Lada	Zrzavy	654 Oregon St.	Sonoma,	CA	95476		1	P
TOTAL	63					33	30	

LAUGHING CORNER

These are from a book called Disorder in the American Courts, and are things people actually said in court, word for word, taken down and now published by court reporters that had the torment of staying calm while these exchanges were actually taking place .

Q: ALL your responses MUST be oral, OK? Now what school did you go to?
A: Oral.

Q: Do you recall the time that you examined the body?
A: The autopsy started around 8:30 p.m.
Q: And Mr. Dennington was dead at the time?
A: No, he was sitting on the table wondering why I was doing an autopsy.

Q: Are you qualified to give a urine sample?

Q: Doctor, before you performed the autopsy, did you check for a pulse?
A: No.
Q: Did you check for blood pressure?
A: No.
Q: Did you check for breathing?
A: No.
Q: So, then it is possible that the patient was alive when you began the autopsy?
A: No.
Q: How can you be so sure, doctor?
A: Because his brain was sitting on my desk in a jar.
Q: But could the patient have still been alive, nevertheless?
A: Yes, it is possible that he could have been alive and practicing law.

Q: How was your first marriage terminated?
A: By death.
Q: And by whose death was it terminated?

Q: Can you describe the individual?
A: He was about medium height and had a beard.
Q: Was this a male, or a female?