VĚSTNÍK

A newsletter of
Sokol San Francisco
http://www.sokolsf.org

WINTER
2016



American Sokol
Sokol San Francisco



HAPPY NEW YEAR 2017



TREE KINGS CAME TO OUR CELEBRATION OF THE NEW YEAR 2017


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GYMNASTIC ASSOCIATION

SOKOL SAN FRANCISCO INC.

Educational-Social and
Cultural Non-profit Organization

P.O. Box 5252,
Walnut Creek, CA 94596-9998

E-mail: sokolsf@gmail.com
Web: http://www.sokolsf.org

Executive Board 2017

President	*Jara Dusatko*
1st Vice-president	*Zelmira Zivny*
2nd Vice-president	*Zdenek Vernak*
Secretary	*Linda Janour-Tang*
Treasurer	*Jarmila Jancarik*
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Women's Director	*Vera Teyrovsky*
Women's Director Assistant	*Jana Wichova*

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Reconciliation Committee	*Zdenek Vernak, Milos Zivny,*
District Representatives	*Jara Dusatko, Jiri Jancarik, Jamila Jancarik, Milos Zivny*

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Helenka Livingstone			helenkal@sbcglobal.net

SOKOL SAN FRANCISCO **sokolsf@gmail.com**

Sokol Board and Members Meetings
is held every second Tuesday each month at 10:30 AM (except July & August)

Unity Church of Castro Valley
20121 Santa Maria Ave,
Castro Valley, CA 94546
Phone: (510) 538-1416

"The man who is too old to learn was probably always too old." Henry S. Haskins

Please pay attention to Sokol news and information on our unit website: http://www.sokolsf.org/

Věstník is published by Sokol San Francisco, four issues per year.
Send your typed contributions to our Unit's address or editor's e-mails.
Contributions after deadline will be published in the next Vestnik issue.

Věstník Schedule: Published quarterly
Deadline for contributions WINTER January 10 with a publication date January 31,
Deadline for contributions SPRING February 28 with a publication date March 31,
Deadline for contributions SUMMER May 31 with a publication date June 30,
Deadline for contributions FALL September 30 with a publication date October 31.

SOKOL UNIT CORNER

In 2016 Passed away: Frank Dlask
Ivan Sturman
Frank Cuda- former member
Jan Vorisek-former member
2016-Dec 68 Members 39 females, 29 males

2017
Resigned: Dagmar Crichton
Passed away: John Cambus
New members: Marcela and Pavel Simek,
Ivana Dwulet, **WELCOME !!!!**
2017- Jan 69 Members 39 females, 30 males

Donations 2016:
D. Rus $4; J. Kucera $50; K. Snajberk $64;
M.& R. Prejda $ 100; Ch. Rouset $14;
F. & J. Dlask $28; H. Sredl $25; D. Chricton $24;
L. Sikl $ 14; V. Machacek $20; B. Nejedly $9.
F. Cuda $40, J. Cambus $50 in memory G.Teyrovsky;
MZV of Czech Republic $2046.80

Total: $ 2488.80

Dear Sokol members, donations are truly appreciated

SOKOL SAN FRANCISCO CALENDAR of EVENTS 2017 The dates are tentative and might be changed.

DATE	EVENT	PLACE
January 7, Saturday	Walk for Health – Monarch Butterflies	Ardenwood Farm, Newark, CA
January 26, Thursday	Walk for Health- Elephant Seals	Ano Nuevo State Park
February 15, Wed.	Czech Hockey Heritage Night	San Jose
February 18 to20	Trip to Malin - Jaternice dinner	California – Oregon border
March 18, Saturday	Walk for Health, To Masaryk's bus	Golden Gate Park
April 1, Saturday	Spring Dinner and Dance	Tentative, will be publicized
May 6, Thursday	Walk for Health - Botanic Garden	Berkeley
June 10, Saturday	Spring Picnic and Children's Day	Lake Chabot, Castro Valley, CA
June 22 to 25	American Sokol XXIV. Slet and Festival	Cedar Rapids, Iowa
July 16-23, 2017	Family camp, one week	Dinkey Creek
September 16, Sat	Fall Picnic	Lake Chabot, Castro Valley, CA
September 29 to October 1	Festival, All weekend long festivities	Orinda/Tabor Sister City Orinda
October 14, Sat.	Walk for Health	Sibley Volcanic Preserve
November	Walk for Health Mushroom	(weather permitting)
December 2, Sat.	Sokol SF Annual Meeting	Tentative, will be publicized
Dec.30, Sat. or Jan. 6, Sat	End of the Year Dinner and Dance	Tentative, will be publicized

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Dear Sisters and Brothers, membership of Sokol San Francisco is due by January 31, 2017

MEMBERSHIP DUES 2017	$36
Late fee (after 01/31/2017)	$5
Membership reinstatement fee	$5
New member processing fee	$5
Donation/Contribution	
Total	
Check #	
Date	

Your name_____
Address_____
City_____
State____Zip_____
E-mail _____
Phone_____

cut and fill it, make a check payable to Sokol San Francisco and send both to:
Sokol San Francisco,
P.O. BOX 5252,
Walnut Creek, CA 94596

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KEEP FOR YOUR RECORD Check No_____ Amount_____Date_____

The Presidential Address

Dear Sokol Members and Friends,

I wish you a happy and successful New Year 2017!

I would like to recapitulate the activities and accomplishments of Sokol San Francisco in the past year.
All our plans were implemented and well attended: Walks for Health, Tribute to T.G. Masaryk, two Dinner-Dances, two concerts of outstanding Czech musicians, two picnics of which the Spring picnic was organized in collaboration with the Czech School of California.

Eleven participants from Sokol San Francisco attended the most successful Summer Family Camp in recent history. Two members of our unit represented us at ASO Administrative Conference in Chicago, at the Opening Evening of Czech Series at the University of Chicago, and at the Moravian Festival. In October, several younger members started to practice the Czech saloon dance "Ceska beseda".
We happily participated in two unplanned events - organizing a state visit from the Czech Republic and gathering for lunch at a Czech restaurant in Concord.

For the year 2017 we again, have ambitious plans. In addition to our regular program, we plan the following events: Czech Heritage Night (hockey game - Sharks vs Florida Panthers with two Czech stars - Tomas Hertl and Jaromir Jagr), a trip to the village Malin, founded by Czech settlers in 1909; XXIV. American Sokol Slet and Festival in Cedar Rapids, and participation in organization of 2017 St. Wenceslaus Czech Festival in Orinda. We are also planning a presentation of Eastern European Egg Decoration, Czech Christmas cookie baking demonstration, bicycle rides, and various educational lectures on themes of interest.

I am so proud our unit is thriving as we continue to rejuvenate and grow. Last year, a second year in a row, we expanded our unit by 9 new Sokol members.

Looking forward to another successful year!
Nazdar!

Jara Dusatko
President

World Class Violinists in Orinda

The Orinda/Tabor Sister City Foundation, Sokol Sokol San Francisco and Bay Czech presented on October 27, 2016, Concert for 8 Strings. The concert was performed by the outstanding Czech violinists Jaroslav Svěcený and his daughter Julie Svěcená. Mr. Svěcený is one of the most notable contemporary Czech violinists. His daughter Julie, born in 1994, has performed on many occasions in the USA and Great Britain, where she is currently taking advanced studies at the Royal Academy of Music, and in almost all other European countries.

In the Concert for 8 Strings they perfectly executed duets, including pieces from Mozart, Luigi Boccherini, George Telemann and others. The concert was concluded with the overture from "Le nozze di Figaro", "The Marriage of Figaro, where Jaroslav and Julie Svěcenýs sounded like a full orchestra, for which the overture was originally composed.

The audience was quite captivated by the impressive performance of the father/daughter team. Most of the audience were from the Czech organization Sokol San Francisco, who live in the East Bay.

Advertising and promoting in advance, the Orinda/Tabor Sister City Foundation announced that from 9/29, 9/30 and 10/1, 2017, there would be a celebration of Czech heritage and culture at the Orinda Community Park. Let's hope that people would learn about it well ahead. See page 2, fig 1, 2.

Ludwig Mlynek
1225 Warner Court
Lafayette, CA 94549,
925 937 5169

Walk in Marshes

For the last walk of the year 2016 we met at the place called Cogswell Marsh in Hayward. To tell the truth, marshes around the Bay do not have the beauty of waterfalls or a mountain peak with a view. They are what they are: just marshes, flat and wet. But what an important part of Bay health they are, filtering water coming to the Bay and restoring polluted shores to the original home of birds.
Hayward Marsh project is a 145 acres of fresh and brackish water marsh, where there were originally levees and land for salt production. With tidal marsh restoration, the wildlife returned to the shoreline and thousands of birds are wading and feeding at the shallow waters.

There is one good feature for elderly walkers at the shoreline: the five miles of graveled trails through the marshes and around the shore are as flat as trails could be. No up and down, no shortness of breath or a pain in that arthritic knee. Not at the marshes trail. We walked and walked, enjoyed the fresh and salty air and watched the birds. We hoped that after hundreds of small sandpipers, we could be lucky enough to see at least one heron but it just did not happen. So we
enjoyed our picnic and ended the walk at a small Hayward café. After two hours of walking, a cappuccino was especially good. See page 2, fig.3 and 4.

Zelmira Zivny

ANNUAL MEETING 2016

Sokol San Francisco members met for their Annual Meeting on December 3, 2016 at the Crown Plaza Hotel in Foster City. We had a good year to overview: Sokol Walks and picnics, Sokol Family Camp at Dinkey Creek, concerts of Czech musicians, dinners and dances, all of these events well attended and getting more and more popular.

More younger people were attracted to Sokol and some of them are now serving as Sokol Board officers: Welcome Linda Janourova-Tang and welcome Jana Wichova,we hope you enjoy being part of our Sokol as much as we enjoy your energy and enthusiasm. It will be needed in the year 2017 because the year is bringing one interesting event after another.

Our long time planned trip to the village of Czech settlers, Malin, will finally be realized in February and even before it, we will enjoy a major sport event, the Czech Heritage Ice Hockey Night. Every Czech heart is beating faster and stronger when there is a good ice hockey game going, and at this particular game, two wonderful players will meet at the San Jose Sharks ice: Tomas Hertl from the Sharks team and Jaromir Jagr from the Florida Panthers. Aren't we lucky to see them!

And there is an American Sokol Slet in June, so those of us who really want to exercise, will travel to Cedar Rapids, Iowa, to perform our calisthenics there. And all this year, the City of Orinda is celebrating a Year of the Czechs, to honor Orinda's long time Sister City relationship with the City of Tabor. Sokol participates in some of the events end we are looking forward for many festivities on the last September weekend in Orinda.

The meeting's participants approved the 2017 Sokol budget and voted for a new Board of Officers. Good year, good meeting and see you at the next one, happy, active and in good health. See page 2, fig.5

Zelmira Zivny

Good old times....

The time has taken the first bite of 2017 and if you attended the Year's end dance at the Crown Plaza Hotel, you could see what Sokol Organization has to offer: 69 well-dressed people with smiles on their faces, friends you have not seen for a long time, some you have never seen before, all having fun. The Carioca Band played music we know how to dance to, actually a rare feat, nowadays. Tables decorated with flags of Sokol and our three nations - USA, Czech &

Slovak. Don't we have a rich heritage, both our own and adopted? The free drinks from the bar and the bottles of wine on the tables soon untied the tongues and the room was humming.
The Nejedly family probably spent a lot of time rehearsing, before they treated us to a medley of Czech Christmas songs. The "Three kings", not Kaspar, Melichar & Baltazar, but Eliska, Noemi and Jakub brought a breath of fresh air of innocent youth to our 'little over the middle age'. All were rewarded by our appreciative applause.
As you could see, the raffle prices were quite appealing, as the sale of raffle tickets broke any previous record. Of course, who could be surprised, when we sent such persuasive salesladies as were Stanka Grigelova and Hallie Jaramillo. As is usually the case with nonprofit organizations, all the work on preparation, organizing, negotiating with the hotel and keeping the program flowing, rests on the shoulders of a small group of people, volunteering their time and money for our Sokol and your pleasure. Sister Helenka Livingston-Teyrovsky was the most visible during the evening, but she, and the President Jarka Dusatko, Zelka and Milos Zivny had their hands full long before we met on December 29 of last year. They all deserve our thanks. We've heard Sister President listing the actions planned for this year, all you have to do is join us and be part of the tradition, older than a century. See page 2, fig. 6, 7, 8.

Have a wonderful year 2017 our faithful friends,
Zdenek Vernak

Thank You and Happy New Year...

On Friday (December 30), Capriccio Dance Band, with Matthew Medeiros on drums and Craig Pexton on guitar, played for the Sokol "New Years Eve, Eve" social at the Crowne Plaza in Foster City. It was an excellent meal and great party organized by Helenka Livingston, and I want to thank Helenka and the members of this Czech heritage organization in the SFO Bay Area for sponsoring this event. It was truly a great bargain for those who attended and cost the Sokol organization much more than the public admission fee to host this event.

Some members' children (uninhibited, and speaking and singing fluently in Czech) and some adults from the Sokol club performed traditional Czech songs. And it was a nostalgic, heart-warming and inspiring evening for me with supporters of the band who showed up from all around the Bay Area, including David Sampson from Reno with Jenna, Victor and Mariette from Marin county and a whole table of their Swiss friends from Marin, George and Marika Samorjai from Los Gatos along with friends Alex and Judy and, of course, the majority of attendees being ling-time friends from the Sokol organization. In addition to a wide selection of ballroom and rock favorites by the band, Liana Derner, originally from Prague, who attended along with her husband Peter, graced us with a couple songs from our Duo Internationale repertoire...always a treat to hear Liana perform. And, later I had the opportunity to stroll to each table with my wireless setup where guests sang traditional Czech songs, traditional Swiss music, and Hungarian Czardas....and though the main ambiance was Czech, it was truly an international evening gathering.
"Thank you" specifically to all those who took part in Friday evening's Sokol event. I hope this turnout is a sneak preview of growing support to come for Sokol events going forward (next one will be in April). What a great outcome that would be for the Czech community and for all who like to listen and dance to the music of Europe!
Thank you for your support music during the past years and all I wish you a Happier Happy New Year 2017.

Joe Domitrowich

Nazdar a Vesely Novy Rok

Thank you for the kind arrangements for the Sokol dinner dance. My son and I enjoyed catching up to Czech heritage side of my family.
My dad and Brother George would have been proud of us.
Was a chance for my son to see the upbringing I had in my younger years.
From the accordion fellow to the cut little girl selling flags, it was like a flash back in time.
Look forward to visiting with you folks at the Hockey night.
Be well have a great New year.

Ahoj , Denis Spanek

Coming events:

Thank You for Your Support of Czech Heritage Night!

Sokol SF would like to sincerely thank all 291 of you who bought tickets through us and the Orinda/Tabor Sister City Foundation for Czech Heritage Night on February 15th at the SAP Center. We will be part of a group of 450 individuals celebrating our heritage, while cheering on Tomas Hertl (of the Sharks), and Jaromir Jagr (of the Panthers), while they play on Jagr's 45th birthday! It'll be an unforgettable night!
Tickets were electronically transferred to everyone who bought through us, so if you have not received yours, please let us know. We'll see you and your Czech spirit on the 15th!

Don't forget to wear your Czech colors, bring Czech flags and other Czech-inspired gear!

https://sharksczechheritage.eventbrite.com

Linda Janourova-Tang



Trip to Village Malin, visit an old Czech Community on the California-Oregon border, February 18 to 20

ZCBJ Lodge 222's MALIN, The Tulelake Fairground , Sunday February 19th, 2017

57th Annual Jaternice Dinner:
Český Jaternice- Czech Sausage, Pečená Brambora- Baked Potato, Kysané Zelí- Sauerkraut, Strudel- Apple Strudel
Program:
The Malin Czech Beseda Dancers will perform at 12:00pm, Entertainment @ 2:00 pm,
From 11:30am to 4:00pm there will be Dancing Music by "Take Four".

XXIV Americam Sokol Slet & Festival.

Nazdar Sokol Brothers and Sisters: It is time to start learning the calisthenics for the XXIV Americam Sokol SLet & Festival. If you want to participate at this wonderful event, let us know now.

Our Unit will perform the Senior Calisthenics and we already have the video and manual so you can start learning it immediately. Just call or e-mail me and you will get the material online. The exercise is not physically demanding and lasts around six and a half minutes. Nine people have already registered, join them soon.

Milos Zivny, Men's Director

Save the Date for the 2017 Saint Wenceslaus Czech Festival



With the stroke of midnight on December 31st, the Year of the Czechs in Orinda officially began! Organized by the Orinda/Tabor Sister City Foundation, the Year will be full of Czech-inspired classes, programs, and events, which will culminate at the 2017 Saint Wenceslaus Czech Festival, taking place from 9/29 - 10/1 in Orinda. The Festival will feature delicious traditional Czech food and pastries to feast on, classic Czech entertainment featuring singers and folk dancers, booths with Czech art, crafts and toys for sale, and, of course lots of Czech beer on tap! Please "save the date" and for more information visit: www.orindaczechfestival.com

A Big Thank You to the following members of Sokol SF for their great job:

To Blanka a Petr Nejedly for their thorough preparation of their three children, **Jakub, Eliska a Noemi** who performed beautifully at our Dinner-Dance on December 30, 2016.To **Jakub Nejedly** for a poem about Sokol in the Czech language
To **Helenka Livingstone** for the outstanding organization of the Dinner-Dance on December 30, 2016
To **Linda Janourova-Tang**, one of our new board members who is hardworking, patient and very resourceful! Sokol SF Board thanks Linda for her professionalism, and a special thank you for the outstanding and successful organization of the Czech Heritage Night on February 15., 2017 in San Jose.

OBITUARY

John Vorisek



John Vorisek
was a long time Sokol member prior to his job relocation in the nineties, when he and his family moved to Paradise. During his time as a member of the Sokol organization, John was involved in many activities, including sports, culture and music. One of the activities in particular was organizing as well as playing volleyball each Friday evening at "sokolovna" in San Mateo. After most games, he would stay and play his guitar while singing many different songs.

During the Labor Day holiday weekends, Sokol members from Los Angeles, Fresno and San Francisco would meet and camp out at Bass Lake or Hume Lake. Attendees would play friendly games of volleyball, and in the evenings enjoy being together at a camp fire. John would always have his guitar at his side and was ready to play music at these gatherings.

After the big earthquake in 1989, John created a band, along with several of his friends (and musicians), who performed for over a year at all the dinner dance parties. The money collected was used to repair damages of the "sokolovna" building. During some of these parties, John would film short videos of "Furiant" which was a group of young Sokol dancers.

John also compiled a song book of selected Christmas carols and for several years he staged singing the carols before Christmas, while again accompanying the singers with his guitar.

In addition, John was responsible for inviting a famous and popular Czech singer, Waldemar Matuska, to perform to the Czech community in the Bay Area.

John and his family have always been incredibly generous and helpful to many Czech emigrant families that were arriving in the Bay Area.

We will remember John as a devoted husband, father and grandfather, and as a loyal and true friend to many. He had a big heart, he loved people, and he loved life!

Thank you John and God bless you always!

J. D.

John Cambus

Hello All,

It is with deep sadness and disbelief I have to report to you that John passed away yesterday (Jan. 20) morning at 10 am. I was fortunate to be with him during the last hour of his life. I know on some level he heard me. He died peacefully. He will be cremated and interred in the veteran's cemetery in Dixon. A place next to him will be reserved for me.

Jane Vladka Cambus

Before

Skiing (Cross-Country)

Approximately 3 Minutes

Warm up by walking for several minutes with a big arm swing before stretching.



5 seconds
3 times
(page 46)



10 seconds
(page 46)



10 seconds
each side
(page 44)



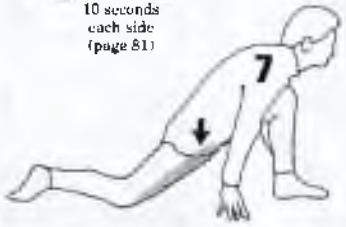
10 seconds
each side
(page 81)



20–30 seconds
(page 56)



10–15 seconds
each leg
(page 75)



10–15 seconds
each leg
(page 51)



15–20 seconds
(page 63)

Short on time?
Do this mini-routine:
3, 4, 7, 8
Approx. 1½ minutes

Stretching © 2000 by Bob and Jean Anderson. Shelter Publications, Inc

After

Skiing (Cross-Country)

Approximately 4 Minutes



15–20 seconds
each leg
(page 71)



10–15 seconds
(page 81)



10–15 seconds
(page 58)



10–15 seconds
each leg
(page 39)



8–10 seconds
each side
(page 60)



3–5 seconds
2 times
(page 27)



10–15 seconds
each side
(page 32)



20–30 seconds
(page 26)

Short on time?
Do this mini-routine:
1, 3, 4, 5
Approx. 2 minutes

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AMERICAN SOKOL CORNER

The Presidential Address

The Sokol Eye – Sokolským Okem Happy New Year! – Šťastný nový rok!



It is another big year for American Sokol with only six months until our 2017 Sokol Slet & Festival! Major International Slets are hosted by the different Sokol organizations from around the world each year. American Sokol hosts a Slet every four years and this year we are thrilled to bring the World Sokols together in Cedar Rapids.
At the Slet Banquet, we will present our very first national recognition awards from each District and Hall of Fame award. It is a lot of work to produce a Slet event, but at the conclusion of the event we all feel the strength and purpose of Sokol and it is very hard to say goodbye.

These events are unique to Sokol and never fail to fan the flame of our collective Sokol spirit as we march on afterward. We want to see you there! It will be yet another memorable, historic event so please don't miss it!

Some members have asked questions about our progress with the Sokol Museum & Library project so I thought I would use this issue to update you on our progress.
• First, we have renamed the Library and Archives. It will now be called The Sokol Museum & Library (SML). The name was changed to better reflect the content and character of our collection. The collection is not solely American Sokol artifacts. Rather, the collection contains Sokol items from many different Sokol organizations, Czech & Slovak artifacts, and items pertaining to gymnastics history.
• The SML is currently establishing its own 501c3 subordinate organization. American Sokol will remain involved by holding seats on the SML board and will work with the SML on projects. Status: By March 2017
• The SML is purchasing on-line software that will create a virtual museum and library. This virtual library will make it possible for people all over the world to view our collection from the comfort of their own home. Date: By March 2017
• The SML Membership will be separate from American Sokol memberships. Membership, Sponsorship and Donation Levels to be announced January
2017. • The SML will establish a display on the east side and front of the west side of the national offices in Brookfield until a building or larger space can be found. We have already found a possible candidate building that is currently available. We are still gathering all of the necessary information and doing our due diligence to determine if this particular building would be a good fit for our purposes. We are seeking donor investors and evaluating whether acquisition of this building is feasible. As this matter is still very much a work in progress and under Board evaluation, we will provide further details as we get further down the road. We are happy to answer questions or talk with any member who would like more information. As always, you are welcome to
contact me through my email and we will arrange a time to talk.
– jeanhruby@american-sokol.org.
In February, I will introduce the national boards' 2017 goals. As always, our overriding goal is to continue to grow and evolve as an organization behind committed leadership, outside support, individual and collective courage and strength of purpose, grace, and teamwork. All the while, we will embrace the cherished Sokol ideals we all know & love.
Make this a great year!

I wish you all a New Year's Nazdar! At žije Sokol! ~ Long Live Sokol

Jean Hruby, President



SOKOL
autor: Jakub Nejedlý (13)

Miroslav Tyrš nas založil
V Praze lidstvo naučil
Že každé ráno rozcvička
Je dobrá pro jejich tělíčka

Přes 150 let to bylo
Cvičili i když lilo
Tato česká tradice
Polapila lidí tisíce

Ta tradice migruje
Poletuje a cestuje
Třeba až do Ameriky
Teď tu lidi dělají kliky

Ten náš Sokol v USA
Do pohybu nás dostáva
Po Dinky Creek a na koních
Vláčí nás i po kopcích

Ať koňmi či pěšky
Terén lehký nebo těžký
Sokol je divoký pták
Ať lidé žijí také tak

V roce 2017 nás čeká slavné výročí –

300 let od narození rakouské arcivévodkyně a české a uherské královny Marie Terezie.

Marie Terezie, celým jménem Marie Terezie Valpurga Amálie Kristýna, německy Maria Theresia Walburga Amalia Christiana (13. května 1717 Vídeň – 29. listopadu 1780 Vídeň), z rodu Habsburků byla arcivévodkyní rakouskou, královnou uherskou (1740–1780) a českou (1743–1780), markraběnkou moravskou atd. Byla jedinou vládnoucí ženou na českém trůně.
Bývá označována také jako „císařovna Marie Terezie", ale jako žena se nikdy nemohla stát vládnoucí císařovnou Svaté říše římské. Císařem byl 13. září 1745 zvolen její manžel František I. Štěpán Lotrinský, čímž se stala císařskou manželkou. Marie Terezie nezůstala jen dcerou císaře a císařovnou, ale stala se i matkou dvou císařů, Josefa II. a Leopolda II.

Marie Terezie byla pokládána za jednu z nejschopnějších z panovníků tehdejší Evropy. Proslavila se svými reformami a modernizací státu. Za její vlády byla vytvořena centralizovaná správa monarchie, bylo sjednoceno trestní právo a *zakázáno mučení.* Známé jsou její reformy školství - *zavedení povinné šestileté školní docházky* a vybudování systému škol. Její reformy - dodnes se označují jako tereziánské - jsou považované za začátek osvícenectví v rakouské monarchii.
Vzpomeňme další:
Vojenské reformy, Tereziánský urbář, Tereziánský katastr, zakládání manufaktur, zemědělství, zdravotnictví, nový systém správy financí, *ražení nových kvalitních mincí „ tolarů",* zavedení papírových peněz, *sjednocení měr a vah, zavedení 30% cla na dovoz zboží.* To byly reformy velké. Do dnešních časů však existují i poměrně menší změny, které však užíváme stále anebo by bylo určitě prospěšné tyto zavést: spisování obyvatel, zřizování chudobinců, dezinfikování studní, zkoušky porodních bab, péče o stravování chudých a invalidů, jediný syn z rodiny nesměl být odvedený za vojáka, cigány nutit k bydlení v pevných příbytcích, kontrola lékařů zda jsou v době pohotovosti v bytech, zřizování nápravných ústavů, zavedení očkování. Periodické sčítávání obyvatel, domů a ulic, evidence řemeslníků, obchodníků, prostitutek. *Zavedení poštovní služby,* starostlivost o cesty na svěřených úsecích, výsadba stromů podél cest, topografie okresů a žup, pozemkové knihy. Možnost vykoupení půdy od jezuitů a z královských majetků, zavedení záložen, burz. Méně poutí a svátků a jiné a jiné reformy.
http://www.cske.sk/ze-zivota-spolku/spolecenskyklub/533-270-let-od-korunovace-marie-terezie-za-ceskou-kralovnu.html
Rakouští historikové k tomuto výročí připravili velkolepou výstavu na čtyřech místech ve Vídni a okolí. Výstava bude otevřena od 15. března do 29. listopadu 2017.

Čtyři části výstavy:
1/„Ženská síla a životní elán" 2/„ Rodina a dědictví" 3/„ Modernizace a reformy" 4/„Spojenci a nepřátelé"

http://www.trendmagazin.cz/cestovani/1527-vystava-k-300-vyroci-narozeni-marie-terezie

Zajímavost-slovenské hodinky

Hodinky značky Molnar Fabry patria medzi absolútnu svetovú špičku, ktorú uznávajú aj najlepší švajčiarski hodinári. Vo svojom ateliéri v Banskej Bystrici vyrábajú len niekoľko kusov ročne. Dôvod? Výroba takýchto doslova šperkov trvá priemerne 400 hodín, no pri výnimočných kusoch to môže byť aj dvakrát viac. Každý jeden je originál a ročne ich nevyrobia viac než desať.
Komplikácia je v hodinárstve jednoducho povedané pridaná funkcia hodiniek. Za tú kráľovsku sa považuje strojček zvaný tourbillon – vylepšenie slúžiace na elimináciu vplyvu gravitácie na presnosť merania času.
Molnár a Fábry získali takéto zariadenie od švajčiara Christopha Clareta, jedného z najlepších hodinárov sveta, ktorý si svojich odberateľov starostlivo vyberá.
http://topdesat.sk/osem-nadhernych-hodiniek-ktorych-vyroba-trvala-mesiace/

V Dolních Břežanech se buduje největší laser na světě. Výzkumné centrum tu vyroste do dvou let
Vizualizace projektu superlaseru z webu extreme-light-infrastructure.eu V Česku se začíná budovat největší laser na světě - ELI. V Dolních Břežanech nedaleko Prahy vyroste do dvou let výzkumné centrum. Jeho zástupci dnes představili firmy, které obří projekt postaví.
Na vývoji jednoho z nejvýkonnějších laserů na světě, se v Česku budou podílet Američané. Přední kalifornské pracoviště společně s českými vědci vyvinou jednu z unikátních technologií, za více než miliardu korun. Na poli vědy se jedná o jednu z nejvýznamnějších česko-amerických zakázek.
http://www.rozhlas.cz/zpravy/technika/_zprava/1216142

Američtí vědci stvořili hybrida mezi člověkem a prasetem. Vypěstovat ve zvířeti lze vše včetně mozku

Do embrya prasete vložili lidské buňky a následně vypěstovali zárodky budoucích orgánů.
Cesta k pěstování orgánů v jiných živočiších je tak otevřená.

Špičkoví genetici si museli najít vlastní zdroje, neboť vlády s podobným výzkumem nechtějí být většinou spojovány. Stvořit organismus, který je fyzicky zčásti zvířetem a člověkem, vzbuzuje příliš etických otázek.
Přesně to ale vědci z amerického Salkova institutu udělali. Stvořili prvního hybrida mezi prasetem a člověkem - chiméru. Jak ve čtvrtek informoval magazín Cell, genetici vložili lidské buňky do prasečího embrya, které následně implantovali do dělohy prasnice. Po čtyřech týdnech se v embryu vytvořily zárodky orgánů včetně srdce, jater i neuronových buněk. Všechny obsahovaly kromě prasečích i lidské buňky.

V genetice jde o velký průlom, neboť se ještě nikdy nic takového nepodařilo.
Podle prestižního magazínu Nature se shodou okolností podařilo provést podobnou implantaci mezi potkany a myšmi. Šlo o první úspěšné vypěstování orgánu v cizím organismu a jeho následné transplantace do jiného organismu.
Myš přijala tkáň z chiméry bez jakékoliv imunitní reakce.
Pokud se podaří to stejné v případě hybrida prasete a člověka, znamenalo by to velký průlom v medicíně.
Potřebné buňky a orgány by šlo vypěstovat v jiném živočichovi a následně je transplantovat do lidského těla.
Podobný výzkum ale vyvolává debatu ohledně etiky po celém světě. Vzhledem k tomu, že vypěstovat lze prakticky jakékoliv buňky, nabízí se i reálná možnost stvořit živočicha s lidským mozkem nebo reprodukčními orgány. To vyvolává různorodé reakce.
Část vědců si myslí, že je určitá čára, za kterou by se v daném výzkumu už jít nemělo.
Na druhou stranu, jak uvádí Washington Post, každý den zemře jen ve Spojených státech 22 lidí při čekání na vhodného dárce orgánů. V Česku se pohybuje číslo kolem vyšších desítek lidí ročně.
Vědci se proto snažili vypěstovat lidské orgány mimo lidské tělo v laboratoři, jejich struktura a funkčnost se ale mírně liší. Využití chimér je tak mnohem slibnější řešení, byť budí etické výhrady. Navíc je ještě před vědci dlouhá cesta, neboť se neví, jak bude lidský organismus na takto vypěstované buňky reagovat.
Chiméra je v řecké mytologii hybrid mezi třemi organismy. Zepředu vypadá jako lev, veprostřed má tělo divoké kozy a zezadu má ocas draka.Proto se hybridům přezdívá mezi vědci chiméry.
http://zahranicni.ihned.cz/c1-65603360-vedci-stvorili-hybrida-mezi-clovekem-a-prasetem-vypestovat-ve-zvireti-lze-vse-vcetne-mozku

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Jana De Brauwere, Phone: 415.557.4425
Czech librarian at San Francisco Public Library

FOR BETTER COMMUNICATION PLEASE UPDATE YOUR ADDRESS, E-MAIL

LAUGHING CORNER



Even the best engineers in Japan are able to build a better robot

How To Translate Work Emails

I have a question. = I have 18 questions.

I'll look into it. = I've already forgotten about it.

I tried my best. = I did the bare minimum.

Happy to discuss further = Don't ask me about this again.

No worries. = You really messed up this time.
Take care. = This is the last you'll ever hear from me.
Cheers! = I have no respect for you or myself!

I'd never had surgery, and I was nervous. "This is a very simple, noninvasive procedure," the anesthesiologist reassured me. I felt better, until ... "Heck," he continued, "you have a better chance of dying from the anesthesia than the surgery itself."

The Real Meaning of "An Apple A Day"...
My wife, a phlebotomist at the Denver VA hospital, entered a patient's room to draw blood. Noticing an apple on his nightstand, she remarked, "An apple a day keeps the doctor away, right?"
"That's true," he agreed. "I haven't seen a doctor in three days."





Time Zones Are Hard.
While I was out to lunch, my coworker answered my phone and told the caller that I would be back in 20 minutes. The woman asked, "Is that 20 minutes Central Standard Time?"