VĚSTNÍK

A newsletter of
Sokol San Francisco
http://www.sokolsf.org

FALL
2017





CZECH FESTIVAL ORINDA, CA — OCTOBER 2017

by Milos Zivny

Members of SOKOL SAN FRANCISCO performing the dance ČESKÁ BESEDA


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Explanatory notes for figures on page 2:

1. Sokol children and their families enjoyed a week of summer fun at the Southern Sierra Dinkey Creek Camp. Photo by Otto Notzl
2. We said good bye to summer at the September picnic at Lake Chabot Park in Castro Valley, which brought together a large group of Sokol members and friends. With Muzicka playing popular Czech and Slovak songs, the smell of barbecue in the air, and kids running all around, this was a truly relaxing afternoon.
3. Czech folk music group Muzicka performed at our picnic and at many events at the Orinda Czech Festival. Wonderful, energetic musicians, who were ready to play any Czech or Slovak folk song people requested. Thank you, Muzicka! Photo by Milos Zivny
4. A touch of Eastern Slovakia: San Diego folk dance group Karicka performing at the Orinda Czech Festival. Everybodyloved Karicka's temperamental dancing and their beautiful, authentic national costumes.
5. Children from San Diego. Their Podkovicka group dancing and singing at the Orinda Czech Festival.
6. Česká Beseda dancers relaxing after their performance with the dance instructor Jara Dusatko, and Consul General of the CR in Los Angeles Pavol Sepelak (in the middle). Photo by Milan Komarek
7. Gathering after a lecture about history of the Lobkowicz family (from left) Bobbie Landers , Chairman of the Orinda/Tabor Sis. City Foundation, W. Lobkowicz, his wife Sandra, J. Dusatko, P. Simek, J. Bardos, his wife Adelka, B. Pasternak, E. Isacson. Photo by Walt Strach
8. Sokol Slet on their minds: First training session of our young Sokol Sisters who will perform their calisthenics in Prague next summer. Photo by Roman Wicha

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President's notes:

I would like to thank to all Sokol SF members and their friends, who contributed to the success of the 2017 Orinda Czech Festival:

To the **Donors**: Adelka and Joel Bardos, Eva Kryska, Dennis Spanek, Victor Machacek, Family Slanina and Vera Teyrovsky-Goupille

To the **Volunteers in the kitchen**: Bill Cervenka, Tereza O'Donnell, Pavel Soltys, Denisa Feddersen, and Lia Brown

To the Soltys family and Feddersen for **providing accommodation** to Karicka and Podkovicka from San Diego.

To the Zivny family, Wicha family and Lea Bronec for **promoting Sokol SF**, selling waffers and hockey tickets.

Jara Dusatko

Premiere of Česká beseda - famous historical Czech Salon Dance

A group of enthusiastic volunteers, members of Sokol San Francisco and their friends, performed „Ceska beseda" in its original conception at the „Orinda's Festival" on September 30th. This was their first performance, a result of an almost one year of regular practices. For three of the performers, dancing was a brand-new experience!

Ceska beseda is a 19th century quadrille, danced by four couples in square formation. This dance was created at the initiation of Jan Neruda, Czech poet, writer, journalist, and also an outstanding, passionate dancer. Karel Link, a Royal Bohemian dance teacher along with Ferdinand Heller, a music teacher and composer, arranged this special quadrille, based on Czech folk songs and dances, such as polka, furiant, kalamajka,... danced with the elegance of the 19th century ballroom. Ceska beseda is an exciting and challenging dance still much loved and widely performed not just in the Czech Republic, but also in many of other countries.

Performers were – Adela and Joel Bardos, Jana and Roman Wicha, Renata Komarek, Pavel Simek, Blanka Pasternak and Eric Isacson. Congratulation!

Jara Dusatko

Muzička is traditional Czech "cimbálka"- an ensemble centered around the cimbal, an instrument in Eastern European folk tradition. Comprised of eight Prague-based musicians and one American-returned-home, Muzička performs a wide variety of instrumental and vocal repertoire. Muzička has embraced its role as an ambassador for Czech culture, and has received international acclaim for its ability to share its country's culture and connect people through music. Whether at home or on tour, Muzička delights audiences both native and foreign.

GYMNASTIC ASSOCIATION

SOKOL SAN FRANCISCO INC.

Educational-Social and
Cultural Non-profit Organization

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SOKOL SAN FRANCISCO **sokolsf@gmail.com**

Sokol Board and Members Meetings
is held every second Tuesday each month at 10:30 AM (except July & August)

Unity Church of Castro Valley
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Castro Valley, CA 94546
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Please pay attention to Sokol news and information on our unit website: http://www.sokolsf.org/

"I've learned that people will forget what you said, people will forget what you did,
But people will never forget how you made them feel."
—Maya Angelo

Věstník is published by Sokol San Francisco, four issues per year.
Send your typed contributions to our Unit's address or editor's e-mails.
Contributions after deadline will be published in the next Vestnik issue.

Věstník Schedule: Published quarterly
Deadline for contributions WINTER January 10 with a publication date January 31,
Deadline for contributions SPRING February 28 with a publication date March 31,
Deadline for contributions SUMMER May 31 with a publication date June 30,
Deadline for contributions FALL September 30 with a publication date October 31.

SOKOL UNIT CORNER

New Members:
Iva Gubisova, Lea Bronec, Roman Wicha, Renata Komarek, Adela Bardos

WELCOME

Sokol San Francisco has now 72 Members:
42 females, 30 males

Donations 2017:
J. Wichova- $64; J. Prosr-$4; Z. & H. Vernak $20; Ch. Rousset $14; V. Machacek $30; P. Burda $ 18; Z. Zivny $13.97; H. Sredl $50

Total: $ 213.97

Dear Sokol members, donations are truly appreciated

SOKOL SAN FRANCISCO CALENDAR of EVENTS 2017 The dates are tentative and might be changed.

DATE	EVENT	PLACE
November 11, Sat.7:30pm	Second Annual Czech Heritage Night	San Jose, SAP Center
December 12, Sun., 2pm	Marionette Performances	Orinda Community Center
December	Christmas Carols	tentative
December 17, Sun., 2pm	Czech Christmas Cookie Baking Class	Orinda Community Center
January 6, 2018, Sat	End of the Year Dinner and Dance	Foster City, Crowne Plaza Hotel
January 20, 2018, Sat	Sokol Annual Meeting	tentative

DEAR ALL MEMBERS OF SOKOL SAN FRANCISCO, NEW YEAR IS COMMING.
Its time to pay your membership. Please, fill in the form below.

Cut here

Dear Sisters and Brothers, membership of Sokol San Francisco is due by January 31, 2017

MEMBERSHIP DUES 2017	$36
Late fee (after 01/31/2017)	$5
Membership reinstatement fee	$5
New member processing fee	$5
Donation/Contribution	
Total	
Check #	
Date	

Your name_____
Address_____
City_____
State____Zip_____
E-mail _____
Phone_____

cut and fill it, make a check payable to Sokol San Francisco and send both to:
Sokol San Francisco,
P.O. BOX 5252,
Walnut Creek, CA 94596

Cut here

KEEP FOR YOUR RECORD Check No_____ Amount_____Date_____

INTRODUCING AND WELCOME NEW MEMBERS

Lea Bronec



In Czech Republic I have graduated from sociology in J. E. Purkyne Brno. Before leaving the country I have worked as a business manager for Cultural Organization in Brno. I have been living in Bay Area for last 28 years. I am widow and I have two grown up daughters. Currently I am working as a Controller for Real Estate Development Company in Foster City. I am responsible for all financial aspects of construction and development department:

- Weekly manage revenue
- Weekly review and approve construction and architect/consultants payments
- Monthly prepare cash flow projection
- Monthly review and approve month-end reports, bank reconciliations, management fee calculations, prepare balance sheets and income statements
- Monthly review and approve construction draw requests and lender required reporting
- Prepare annual budgets and business taxes calculation

I like traveling, history, music, outdoor activities and any culture events.

Roman Wicha



I was born in Krnov in the northern part of the country. I stayed in Krnov until after I have finished the high school, then I went to Prague to study nuclear engineering at the Czech Technical University, Faculty of Nuclear Sciences and Physical Engineering (ČVUT- FJFI). While studying in Prague I met my wife (of over 30 years now) Jana. We have two children - Helena (27), and Jan (24). After finishing the school I started to work as a medical physicist at the Radiotherapy Department of the Regional Hospital of Česke Budějovice. I was also teaching and became the department chair at the South Bohemia University in Česke Budějovice. In 1993 I started to work as a consultant for Varian Medical Systems and I January 2000 I moved with the family to California and started to work full time for Varian. I started at the Education department, which led to our move to Las Vegas, NV in 2002. As the time progressed I moved to product management and got promoted to Director, Product Management in 2013. We moved back to California in 2014 and shortly after that my wife found connections to the Czech community and Sokol in the Bay Area. I am proud to be recently accepted as a member of Sokol San Francisco.



Iva Gubisova

Volam sa Iva Gubisova, narodila som sa na Vychodnom Slovensku v meste Presov. Mam 54 rokov a pracujem na Kardiologickej klinike v San Francisku ako Technicka uz 15 rokov. A predtym som pracovala v meste Santa Clara tiez pre Kaiser. Teda 22 rokov som verna rovnakej firme . Som velmi spokojna s pracou a rada pomaham ludom. Na Slovenku som bola podnikova pravnicka . Studovala som v Bratislave na Univerzite a po skole som urobila Doktorat a stravila zopar rokov v tomto fachu. Cely zivot ma zaujimala historia a cestovanie. Moj zivotny sen bol pracovat v oblasti Archeologie a Historie avsak tento sen sa mi nesplnil, ale ked mam sancu cestujem a rada poznavam kulturu, historlu a sposob zivota ludi z inych krajin. Spolu s Angie Tomanek travel group som mala sancu pozriet sa do Egypta, Jordanska, Peru, Brazilie, Argentiny, Chile, Ciny, Spanielska, Talianska a inych Krajin. Som velmi spolocensky typ a rada by som spoznala viac nasich krajanov cestou Sokola. Taktiez mam rada hudbu, spev, hiking, divadlo a umenie. Rada si pozriem nase dobre Ceske filmy, a popocuvam cesku hudbu . Toto je moja fotografia a bola by som velmi rada keby som mohla byt clenkou Sokola. Dakujem velmi pekne za poslanie ziadosti a tesim sa uz vopred na akcie, ktore Sokol prinesie. Dakujem este raz Iva Gubisova



Renata Komarek

Biography. Born in town Pilsen in Czech Republic (1963)
Studied 4 year Nursing School in Pilsen.
After studies was accepted to Fakultni Hospital in Pilsen as operating room nurse with specialty and training in Vascular, Urology and harvest team.
1986 - escaped to Germany (Munich)
1988- arrived to US (California) rejoined with my father Vladivoj
1988- started working at Sequoia Hospital in various positions
1992 meet and married Milan-husband
1993- obtained California Registered Nurse license
1993- offered and accepted position as a operating room nurse at Stanford hospital and clinics were I'm working currently
We have two boys Dominic 21 and Lucas 17
I love to exercise, eat healthy, dance, travel and spend time with friends and family



Adela Bardosova

Originally from Prague, first moved to the Bay Area in 2004 to pursue graduate school. She now lives in Redwood City with her husband. When she is not working, Adela enjoys hiking, reading, classical music and, most recently, Ceska beseda."

Dinkey Creek Camp 2017 , July 16 – 23

it is already known the Dinkey Creek Camp is a pleasure vacation and we have standard group of people attending. And there was no difference this year. With about 45 people, 15 children included, it was one of the very pleasant Dinkey Camp.

It seems that the last year drought and harsh winter put a lot of pressure on the maintenance crew inside and outside of the campsite. What we have experiencing last year - a lot of drying trees due to drought - shows this year by emergency logging in the area by Edison to prevent electric lines from falling trees. Mike, the manager of our campsite told us, he have cut 500 trees by himself in the camp across the creek. There was absolutely no problem to get firewood this year. On the way to the Slides there were humongous logs everywhere. What really happened last year and we got the explanation by the ranger in the Ranger Station was that due to drought bark beetles got through the bark of drying trees and it made the tree die. Fortunately the beetles can't go through the bark of healthy trees, so still most of them survived. The large tall was taken on Sugar Pine trees, the largest trees in the area.

Let's go back to our Sokol Camp. For the last 2 years most of the cars were coming few hours before the check in time, just to enjoy already the environment. This year our camp site was not ready earlier, so we helped the cleaning crew before the check in time, to get to the camp early and surprisingly they didn't mind of our cars already in the campsite.

On Monday morning we gathered by the fire place to introduce to each other. As we found there there were no newcomers at that present time. Some people can't get whole week of vacation so they are coming during the week. So we made the introduction brief together with camp rules.

And since that time all the vacation activities started. The same morning hike to Sawmill where we found all buildings and machinery unchanged from the past year, so we refreshed our memory of this place by reading history posters. On the way back we refreshed in the Indian pool. The afternoon was usually time to visit Slides on the Dinkey Creek. Some of us decided to go to Shaver Lake due to hi heat, but some of us went to Slides by walk or by car. In the evening the table competition started. It continued for 3-4 days.

There were winners and losers and everybody has been rewarded by Czech wafers "Tatranka" really brought from Prague.

Some prices were rewarded to the winners. New Levi Strauss Swetshirt to David Soukup and nice bike helmet to Dana Jancarik. Tuesday was a free time day. Otto and Zdenka Svitek went to Dinkey Dome to find if the trail is safe for Thursday hike. And of course they have to find a new way how to get there due to high water in the creek to be crossed. In the afternoon the Treasure Hunt was prepared by help of Zdenka Svitek. Jancarik family was helping with a Tuesday evening table tennis competition. Wednesday morning we enjoyed the Treasure Hunt for small children accompanied by their parents. On the way to find the treasure kids did have to solve some tasks, like to name 15 birds, name 20 States of USA. The hunt ended in the Indian pool where the treasure was hidden. It was found in no time and all children enjoyed splashing in the pool. All participated children were rewarded by ice cream in a local Dinkey Creek Inn store. Just very enjoyable morning. By the way the treasure money was donated by my boss Steve Edmonds in the company I am working for "Gelati Celesti". I guess I am talking always about the camp, kids, activities and achievements, that he decided of supporting that our Treasure Hunt with that significant donation.

Another day by day activity, one I never see and I never mentioned last years but it was there and it is there for about all years I am directing the camp, is a Craft for small children done voluntarily by Cheri Riddle. Cheri is one of the old timers and recent director who always takes pride in being the Sokol and takes care of this activity without any of my request. Wish to thank her at least in this article.

Wednesday night we had the "Entertainment Night" as I named it in the past. But it is better to name it Entertainment/Talent Show. We had such a great performers like Nicholas Sheer on violin, Dana Jancarik on flute, Peter Soukup on trumpet, and Bella Riddle singing.

They all fill the space in between of my not very successful magical tricks. It was wonderful evening to get together and do something one for another and have the kids to show what they do outside of regular school program.
The Thursday - the official day for main hike was here and the group you can see on the picture took of around 10AM. As we already know the safe way to Dinkey Dome there was no any surprise as far as the trail goes. But there was one surprise. Michelle Shear was that big surprise. She lost deliberately 80 lb of weight and she was leading the group to the top of the Dinkey Dome. We all were stunned by her will to achieve maximum of this hike. She was the role model to all they would like to loose weight and get back to good shape. And by the way Michelle volunteered for being the 2018 camp director. If that will happen she will get all our support for that post.
Friday, as the hikers become tired - everyone took off to different sides. Slides, Shaver Lake, Courtright or Wishon Reservoir, or they were just hanging in the camp. Saturday, the last full day was quite similar, so any place near water was appreciated. In the evening we gather together and last competition took place, The Rusty Ball Competition. The winners share a bottle if vine and that night - it was the end of the camp. Sunday morning just cleaning and taking off for home.
Even if the camp was not as full as it has been last year I got all support needed during from all campers during the week and cleaning on the last day - Sunday - was piece of cake. Therefore all campers could leave the camp by 11 AM and I return keys from the camp at the official time of 1 PM to Mike who was praising the good job in cleaning of the camp.
What to say at the end? 20017 camp is over, welcome 1018 Dinkey Creek Camp.

submitted by camp director
Otto Notzl

Picnic at the Turtle

Just when the summer was almost over and the kids were safely back at school, our Sokol picnic opened the fall season, the busiest time of the year. The picnic on the second Sunday of September was slightly different from the one in the last and before-last year. Somehow, we did not end up at our usual Mallard picnic place, the Park District assigned us to the Turtle Area with more tables for all of us and, unfortunately, less of the grassy area the kids usually occupy and love.
But we still had a lot to offer to our Picnic guests: Live music, a group of young people from the Czech country, Muzička, were there with their violins and a cymbal and they were willing to play and sing all day long. Their repertoire of Czech, Moravian and Slovak folk songs was bottomless. Everybody wanted to hear his or her favorite song and be it a fast Slovak czardas, Moravian wine country song or a sentimental Czech ballad, the barefoot musicians knew it all. And they played and sang with such energy and vigor, that we were enjoying the familiar melodies not only for their beauty but also for the wonderful Muzička's performance.
The day started slowly, a couple at the table under the trees, some friends around the grill, young families just coming. Then it progressed faster and in early afternoon you could count around fifty people singing and humming with the Muzicka, lunching and checking Sokol supply of koláče and little koláčky and an offer of Czech wafers, the famous and always popular Karlovarské Oplatky.

It got very warm in the middle of the Turtle Place, the sun was merciless and the grill hot. Sokol was lucky enough to find a new grill master among its members. Brother Albert Sieber really proved that he knows all about good barbecue technique and a proper way how to prepare a good steak or a juicy kielbasa. Thank you, Albert and the grill is yours for many picnics to come.

It was a pleasure to see so many young people, young Czechs or Slovaks, who now live in the greater Bay Area, some of them temporarily and some who already made a new home here. They were coming, often with young kids in strollers, many of them with an American husband or wife, talking about travels back home or inviting their parents for a visit. Northern California Czech community is changing, getting younger and raising children who belong to both Czech country and the United States. They are always welcome at all Sokol events and we are already looking forward to see them at the incoming Czech Festival, New Year Dinner/Dance or at the next picnic in June of the next year.

Zelmira Zivny

Sokol Slet on the Horizon

The XVI Sokol Slet in Prague is getting closer. It was so recently that a group of Sokol San Francisco members performed at the American Slet in Cedar Rapids and we are already training for the next one, for the All-Sokol Slet in Prague.

A lot of preparation has already been done in administration and logistics. Altogether ten Brothers and Sisters have registered for this Slet. They watched all calisthenics video preview and choose to perform in two of them. As usual, most of us will exercise in the "stara garda" performance. This year, it is called Princezna Republika. Twelve Brothers and Sisters from Sokol Los Angeles will join us in this training and performance. Six young women, most of them new Sokol San Francisco members, decided to learn a swifter and faster calisthenics, named Cesta. Two of the young ladies will also exercise with the "stara garda" so they will be very busy doing the double work during training time and in Prague, too. In fact, they are already busy because they just met for the first training session.

After many, many years there will be a whole group of young Sokol members showing in Prague that far away, at the Pacific Coast, next generation is keeping the Sokol's message alive. What a great feeling.

There is still a lot of communication going on between Sokol San Francisco, the American Sokol headquarters and even the Tyršův Dům in Prague. We were lucky that Sister Lida O'Donnell was in Prague recently and organized some necessary details with Sokol headquarters in Prague. There are uniforms to order, many cultural events in Prague to register for and many more training sessions ahead of us. We are looking forward to all of it.

Milos Zivny

The historical event is coming.

On the beginning of summer 2018, with **XVI. World Sokol Slet in Prague,** will come the main celebration. The preparations are in full swing and the Czech Sokol community expects the whole project to be attended by up to fifty thousand people. "We want to include public in our event as well," says Petr Svoboda, Men and Women National Director of Czech Sokol Organization (ČOS). The Slet is part of the celebrations to the **100th anniversary of the Independent Czechoslovakia establishment**. Sokol Slets have been a national sports and cultural tradition since 1882. "The Sokol people have merit at the creation of the Czechoslovak republic." Hana Moučková, the President of Czech Sokol Organization (ČOS) was quoted and also added: "Sokols were at the birth of the Czechoslovak legions in whose ranks they fought, and shortly after the establishment of Czechoslovakia, they defended its territorial integrity. Their legacy will be remembered and reminded at the Slet celebration". Newsletter České obce sokolské SOKOL

2017 Orinda Czech Festival

Since 1997 Orinda CA and Tabor CZ have been Sister Cities encouraging international friendship, communication and understanding between cultures of the two cities. This year Orinda declared 2017 to be the "Year of the Czech" and put on a 3-day festival September 29th – October 1st to celebrate. Opening ceremony and a gala dinner were held on Friday evening, daylong entertainment and classes on Saturday, and a Czech Composers Concert on Sunday afternoon.

The group I was with went to the Czech Festival for the Saturday events held at the Orinda Community Center and adjacent park. When we arrived, we walked under a colorful balloon arch to enter the grounds. Classes and entertainment were scheduled throughout the day and evening. Everything was well organized. Most events were free although a couple events asked for a small donation or fee to cover expenses.
A stage was setup in the park where dancers and entertainers performed. Chairs were available to sit and enjoy the entertainment under the sunny skies. There was also plenty of room to stretch out with a blanket on the lawn.

For a complete schedule of events I refer you to the following web site
https://www.orindataborsistercity.org/festival/

It appeared most of the performers were from the local area or at least from California. One exception was Muzicka, a traditional "Cimbalovka" Folk Music Group from Prague. I enjoyed the music and colorful costumes of all the performers. SF Sokol dancers performed the Ceska Beseda, the national Czech dance. It was the first time I had seen it performed.

There were several tented booths set up around the park displaying various wares. At the information booth I spoke with Marek Vybiral, a high school exchange student visiting from Tabor. He is here on a program sponsored by the Sister Cities. Each year a visiting student from Tabor is sponsored to attend Miramonte High School in Orinda for the fall semester. Marek said he was enjoying his stay in Orinda and learning about the ways of life. He enjoys languages and history and is an avid athlete.
One of the most unusual displays was a booth selling Crussis Footbikes from Prague. At first glance they looked like bicycles but were actually scooters built with a foot platform where the bike seat and petals would normally be. It looked like fun but the prices of $450 - $700 were a little steep.

There were a number of interesting events held in the Orinda Community Center. Lenka Glassner gave a lecture on traditionally decorated Czech Easter eggs. Each one of her beautifully decorated eggs on display had been hand painted with the designs etched into them.

Across the hall, Paul Goldsmith, a photographer, had a display of black and white photos hanging on the wall that he took in Prague during the 1968 Soviet led invasion of Czechoslovakia. One of the most striking photos was of two Soviet tanks blocking the main road with gun barrels crossed. It was only by chance that Mr. Goldsmith was in Prague at that time. He had been touring through Europe and arrived in Prague the day before it started.

In another room Ethan Spanier dressed in costume and played a flute as he narrated the Dangerous Puppets Marionette Performances. There were two shows, one of which appeared to be a satire of Czech history. The performances were entertaining and well attended by adults and young children.
DJ's Bistro served a Czech meal at lunchtime and there were a number of food trucks setup on the park grounds.

After lunch William Lobkowicz gave a lecture on the history of his noble family's 700 years in the Czech lands. The family left Czechoslovakia when the communists took over the country at the end of World War II. He was born in Boston and received an education at Harvard University. In 1990 after the fall of the Communist government he returned to lay claim to the family's 12 castles and other possessions in Czechoslovakia. Everything was in a state of disrepair. Several of the castles were sold to pay off debts and begin restoration of the few that remained. Much of his passion during the talk was directed toward Nelahozeves Castle, which is being restored as an international music and cultural center.

Daniela Mahoney put on classes on Dough Ornament Making and Wheat Weaving. I was not able to attend but those in our group that did said it was very interesting and worthwhile.

I would have liked to attend the evening outdoor showing of the Academy Award winning film Amadeus directed by Milos Forman. However issues with my car forced me to return home before dark.

Overall it was a most enjoyable experience and I hope the Orinda/Tabor Sister City Foundation with collaboration of Sokol San Francisco will put on the festival again.

Walt Strach

OBITUARY



ELISKA BURSIK (nee Vodickova) November 13. 1921 — July 22. 2017

Sokol lost a lonqtime member who always was ready to work for Sokol and Czechoslovak Republic.
I remember when we had a dance at our Burlingame Sokol Hall that she arrived there on Saturday morning, sometimes at 10 AM and was preparing the dinner for that evening dance and left Sokol Hall sometimes at 4 AM next morning. She was not only cooking the meals, but with her three daughters did produce a program, recitals etc. and her husband Vilem Bursik, patriot who joined Czechoslovak forces in France and was evacuated via Dunkirk to England and then voluntarily transferred to The Soviet Union to join our forces there and fought his way as a tank commander of tank company all the way to Ostrava.

He was giving us pep-talk, not to despair but to do all possible to free our old country from communist rule. We cannot forget their three daughters Suzana, Helena and Hanicka who were following in their parents footsteps.

As far as Eliska Bursik was concerned, she was arrested in then communist Czechoslovakia and was sent to a work camp in the mines near Ostrava and as far as I can remember she escaped and later worked in The Radio Free Europe in Germany and I think that is where she met her future husband and where they got married.
If any family deserves a medal and thanks from Sokol and Czech and Slovak Republic then it is BURSIK FAMILY.

WE OWE THEM A LOT.

Let us keep their memory alive and let them be an example of patriots and really dedicated people.
I am writing this only from my memory so please excuse me if some details might not be correrct.

Greetings NAZDAR, Victor Machacek

INFORMATION CORNER

Prague Municipal Court rules Slav Epic belongs to City of Prague

The Prague Municipal Court has ruled that the famous Slav Epic cycle of paintings by Art Nouveau painter Alphonse Mucha belongs to the City of Prague, rejecting a claim by the painter's grandson John Mucha. Mucha's grandson tried to reclaim the paintings on the argument that the City of Prague had broken the terms of a 1928 agreement under which the artist donated the paintings. The terms called for the city to find a permanent site for their exhibition.
However the court ruled that the paintings were never owned by the artist who painted them on commission for American businessman Charles Crane who then donated them to the city of Prague. The ruling is legally binding. http://www.radio.cz/en/section/news/prague-municipal-court-rules-slav-epic-belongs-to-city-of-prague

Placido Domingo to conduct Don Giovanni 230 years after its world premiere in Prague

The world renowned opera singer Placido Domingo is to conduct two performances of Mozart's opera Don Giovanni at the Estates Theatre in Prague in October to mark 230 years since Mozart himself conducted the premiere of this famous opera in the very same opera house. Domingo visited Prague this week to launch preparations for the cultural event of the year.
No other famous opera is so closely linked to Prague as Don Giovanni. Mozart wrote the opera for Prague and himself conducted its world premiere at the Estates Theatre on October 29, 1787. It was a special favour to Prague audiences where his music traditionally got a more enthusiastic reception than in Vienna. The premiere was a huge success and Mozart is quoted as having said "My Praguers understand me."
230 years later Prague is preparing to mark the anniversary in grand style at the Estates Theatre where it premiered. And the star at the centre of this illustrious occasion is none other than the world-famous tenor Placido Domingo. Mr. Domingo was in Prague this week to oversee the preparations for the autumn premiere, and told journalists at a press briefing he hoped Don Giovanni would give the Czech capital the cultural recognition it deserved.
http://www.radio.cz/en/section/curraffrs/placido-domingo-to-conduct-don-giovanni-230-years-after-its-world-premiere-in-prague

CZECH CORNER

Po dlouhé nemoci zemřel jeden z nejznámějších klasiků českého kresleného humoru Vladimír Renčín. 4. října 2017

Ilustrátorovi a karikaturistovi bylo 75 let. Renčín je autorem tisícovek nezaměnitelných kreslených vtipů. V roce 2011 získal od prezidenta Václava Klause medaili Za zásluhy.
O úmrtí informovala Česká televize. Serveru iDNES.cz potvrdil smutnou zprávu jeho kolega, karikaturista Jiří Slíva. „Měl jsem ho moc rád. Byl to zvláštní, jemný člověk, žádný hospodský kumpán, utíkal raději do svého soukromí. Díky němu a Vladimíru Jiránkovi jsem ocenil jejich literární přínos české karikatuře, když jsem sám přešel od vtipů beze slov k těm se slovy, protože jinak se naše doba vystihne jen těžko," zavzpomínal Slíva.
Vladimír Renčín se narodil 6. prosince 1941 v Pečkách na Kolínsku, většinu života však strávil v Hradci Králové. Vystudoval ekonomickou školu a chtěl být píšícím novinářem. Po vojně se zacvičoval v Novinách Jablonecka a v chomutovském Nástupu.
https://kultura.zpravy.idnes.cz/foto.aspx?r=show_aktual&c=A171004_203717_domaci_mok&foto=KLU3fa5db_ren6.JPG

Česko se v Národním divadle loučilo s Janem Třískou 6. října 2017,

Ve smutečně vyzdobené historické budově Národního divadla v Praze se dnes lidé naposledy rozloučili s hercem Janem Třískou. Mimořádný umělec, který oslovil několik generací diváků a inspiroval mnohé další umělce, tragicky zemřel 25. září ve věku 80 let. Divadlo se otevřelo už v 9:30, zástup až tří stovek lidí se táhl až po nábřeží. Půlhodinový ceremoniál zakončil sestřih z Třískových nejznámějších filmů, který sestavil režisér Jan Svěrák, a dlouhotrvající potlesk vstoje.
http://kultura.eurozpravy.cz/film-a-tv/203302-cesko-se-v-narodnim-divadle-loucilo-s-janem-triskou/forum/podle-vlaken/

Vdova po Třískovi promluvila: Poprvé o smrti manžela!

Už je to 12 dní, co zemřel obdivovaný herec Jan Tříska (†80). Jeho život skončil tragickým pádem z Karlova mostu. Mnoho lidí si myslí, že se herec chtěl zabít, jeho žena ale toto tvrzení razantně odmítá a úmrtím je zasažena natolik, že prý ani moc neodkáže uvažovat. http://www.ahaonline.cz/diskuse/726723/1

Ve věku 92 let zemřela herečka Viola Zinková,

bývalá manželka divadelního režiséra Jana Grossmana (1925-1993), oznámil její přítel Jan Šmíd. Zesnulá působila v někdejším Divadle E. F. Buriana středa 18. října 2017
Viola Zinková se často uplatňovala v rozhlase, kde vytvořila mnoho rolí z klasického českého i světového repertoáru. Za celoživotní mistrovství v dabingu získala v roce 2001 Cenu Františka Filipovského. Vzpomínkový bilanční medailon s ní o devět let později natočil Václav Křístek pro cyklus České televize Neobyčejné příběhy. Nadace Život umělce jí v polovině 90. let udělila cenu Senior Prix.
https://www.novinky.cz/kultura/452233-ve-veku-92-let-zemrela-herecka-viola-zinkova.html

Česká beseda očima netanečníka

Poslední sobotu v září jsme se skupinkou tanečního mistra, sedmi tanečníků a jednoho netanečníka nabídli návštěvníkům českého festivalu v Orindě okénko do české historie. Ve čtyřech párech jsme nacvičili tanec Česká beseda, u jehož zrodu v druhé polovině devatenáctého století stála taková jména jako Jan Neruda, Bedřich Smetana, Karel Link nebo Ferdinand Heller. Česká beseda je nádherný dvanáctiminutový tanec, který se skládá ze čtyř dílů. Věřím, že by se do něj zamilovala i nejmladší generace, kdyby o něm věděla více.

Záměrně o sobě uvádím, že jsem netanečník. Jinými slovy dřevo nebo také člověk bez smyslu pro rytmus. Nepřeháním. Vyrůstal jsem v omylu, že tanec je pro tanečníky a tanečnice. Zpěv pro zpěváky a zpěvačky. A hudba pro hudebníky a hudebnice. Pokud jste si to také mysleli, mohu vás ujistit, že tanec, zpěv, hudba a další aktivity jsou pro všechny. V dnešní době, kdy se klade velký důraz na odbornost v řešení jednoho konkrétního problému a vše ostatní nechat na ostatních expertech, má především moje generace tendenci věnovat se pouze tomu, v čem jsme nejlepší. To nás sice vede k tomu, že jsme možná jako společnost více produktivní, ale ne nutně více šťastní.

Pokud bych ze své zkušenosti nacvičování tance (bez jediné špetky talentu) měl něco předat ostatním, byla by to chuť vystoupit z komfortní zóny. Za hranicemi komfortní zóny se dají najít skutečné poklady. Přátelství, inspirace, motivace, humor, pokora, činorodost, dobrá nálada, radost, zajímavé příběhy, cenné zkušenosti, ale i nové nápady jak ještě vylepšit to, v čem jste nejlepší. Sokol i jiné komunity takových příležitostí nabízí spoustu. Můžete zasedat ve výboru nebo tancovat příští besedu s námi či přiblížit lidem zcela jinou českou tradici. Stačí jen vystoupit z komfortní zóny.

Pavel Simek

LADY's CORNER

RECIPE: Little Stars

Ingredients for dough:
250 g unsalted butter
1 egg
80 g sugar
300 g flour
100 g chopped almonds
(the best is Just Almond
Meal from Trader Joe's)
speck of salt
Ingredients for filling:
250 ml heavy whipping cream
250 g mascarpone
130 g powdered sugar
2 spoons of rum, and
cocoa powder

1. Butter is whipped with eggs, sugar to create a smooth foam. Then add flour, salt and almonds.
2. From the created dough, make a roll, wrap in plastic wrap and let rest in the fridge fro approximately 1 hour.
3.On baking paper use a roller to create a thin dough, use a cookie cutter to cut out stars.
4.The oven is preheated to 350°F. Place the starts on a cookie sheet with baking paper. Bake for 8-10 minutes
5.Remove the cooled stars from the cookie sheet. Store in cold environment. Prior to serving decorate with made filling.
6. Heavy whip cream is whipped until thick. Mascarpone is whipped with remaining sugar and rum.
7. Whip cream and mascarpone mixtures are combined. Use the filling to connect two stars. The add filling to the top of the star and decorate with cocoa powder.